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THE RIVER WEEKLY NEWS

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Vol. 15, No.32

From the Beaches to the River District downtown Fort Myers

AUGUST 12, 2016

Solo Art Exhibit On Display In September At Davis Art Center



Cesar Aguilera



I Butterfly On My Shoulder

Award-winning artist Cesar Aguilera will present a solo art exhibit entitled *Where I've been and where I am* during Art Walk at the Sidney & Berne Davis Art Center (SBDAC) on September 2 from 6 to 10 p.m. The exhibit will be on display until September 20.

Aguilera moved to the U.S. more than a decade ago, making Southwest Florida his center of art operations, winning many awards in the process, most recently selected as the 2015 *Gulfshore Life* Emerging Arts Leader. He works in a variety of media such as painting, drawing, sculpture, film, acting, movie special effects,



In Our Hands

photos courtesy SBDAC

makeup and fashion. Aguilera also explores unconventional media like bleach, coffee and discarded technology.

He involves the local community and local artists in many different projects, not only to create an impactful message, but also to unite the community.

Aguilera's artwork is inevitably connected with the "life" experience. His works reflect the dramatic impact of living and the transition to the "Anthropocene epoch," a term currently used to describe the new era we live in today in which mankind

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Hurricane Party To Benefit Heights Students

The Heights Center is hosting a Hurricane Party & Cocktail Competition on Sunday, August 21 from 5 to 8 p.m. at The Heights Center, located at 15570 Hagie Drive in Fort Myers. The public is invited to join local bartenders who will compete for the best cocktail.

Guests will have the opportunity to sample and vote for their favorite cocktail. Celebrity judges include Hilary Hemingway, Jeff Lindsay, author of the *Dexter* series, Everblades defenseman Logan Roe and CJ Sparrow, aka Captain Jack Sparrow.

Local chefs will provide small plate tastings and island music will be provided by Dan Confrey of Thank You for the Dance Entertainment. Gina Birch will emcee the party which will include door prizes and chance drawings. Admission is \$50 per person and includes food and rum tastings. A Pirate Pass is available for \$100 and includes an open bar and VIP benefits. Children under 12 are admitted free. All proceeds will benefit The Heights Center's After School Program.

"We are excited to host our second Hurricane Party and Cocktail Competition at The Heights Center," said Kathryn Kelly, president and CEO of The Heights Foundation. "The talented bartenders will come up with some great cocktails, and our chefs have some delicious samplings planned. Our after school program provides a safe, supportive, fun program for at-risk children in the Harlem Heights neighborhood. This licensed care program allows parents to work, and children can connect with needed resources including academic tutoring."

Competing bartenders include Jay McAuley of Cru and Stacy Murdock of Duffy's Sports Bar, Chris Kennedy and Michelle Kosteno Pricipato of Blue Coyote, Jerome Sanchez of Touton Wines and James Woodburn and Amber Blanchard of The Edison. Participating restaurants include Bahama Breeze, Blue Coyote, The Jacaranda and Jack's Farm to Fork. Participating beverage companies include Opici Wine Group, Republic National Distributing Company, Southern Wine & Spirits, Suncoast Beverage and Wicked Dolphin Rum.

For tickets, visit www.heightsfoundation.org/hurricane, contact Karen Lesza at 482-7706 or karen@heightsfoundation.org.



Last year's winning bartenders Chris Kennedy and Michele Kosteno Pricipato with Kathryn Kelly, center, of The Heights Foundation

photo courtesy Heights Foundation

Historic Downtown Fort Myers, Then And Now:

River View Disappears



by Gerri Reaves, PhD

For much of Fort Myers history, First Street “dropped off” into the Caloosahatchee beyond Monroe Street, as seen in this circa-1925 photo of First and Broadway.

At that time, the block exhibited a mixture of late 1900 century and energized boom time.

Tree-shaded, old wooden structures and unsightly riverfront sheds exist alongside numerous automobiles, new construction and signature 1920s lampposts.

There’s even a small bus -- likely operated by Tamiami Trail Tours.

Downtown still had a working waterfront, where First curved south and joined Monroe. The railroad ran down Monroe to the Lee County Packing Plant, which extended over the river and passed freight and shipping businesses along the way.

On the right and shaded by trees are the Riverview Hotel and the Riverview Café. The hotel lived up to its name, with the river lapping nearly right up to the 640 feet of porch.

Across the street from the Riverview stand private homes, testaments to a not-so-long-ago time when numerous houses existed in the main business district.

However, many details point to the new Fort Myers that was pushing out the old. Chief among them was the recently constructed brick Fort Myers Realty Building (partially visible, far right) on the northwest corner at Dean Street. Note the sign for Hoyer’s Grocery, located on the ground floor.



The Fort Myers Realty Building (far right) is the only structure in this circa-1925 photo still standing today. This westward view from First and Broadway shows a working waterfront and rail line (distance), the tree-shaded Riverview Hotel (right) and the cleared lot where the Kress Building would be built (left center).

photo courtesy Archives of the Southwest Florida Historical Society and *The Story of Fort Myers* by Karl H. Grismer



Few sections of the business district have undergone such a change in appearance as this block of First between Broadway and Monroe. Most notably, First no longer “drops off” into the river.

photo by Gerri Reaves

Development on Broadway (left) was well underway in 1925, with the Post Office Arcade (out of frame) going in first, mid-block on the west side in 1924.

In 1926, a First Street wing to the Post Office Arcade would be built, necessitating the demise of those homes standing across from the hotel.

On the corner at Broadway (left center), the land has been cleared of a home and is evidently being used for parking – but not for long.

In December 1927, the three-story brick Kress Building would open, and by then, virtually all traces of early Fort Myers would have been erased from this scene.

By the mid-1930s, the Fort Myers Realty Building would be the only survivor of those pictured in the historic photo.

The most significant change would be the creation of West First, the elimination of the western river view and, later, the dismantling of the railroad on Monroe and the business activity associated with it.

Today, the block hardly resembles its image of 90 years ago. It’s still busy, though, and frankly, looks a bit crowded without the open sky and river horizon.

The Kress Building and over-powering Federal Courthouse (left) and the City of Palms Garage and Strayhorn Building (right) have replaced the cozy hotel and wood-frame homes.

Who could have predicted those condominiums of more than 30 stories that are visible way down West First, not to mention the bridge overpass or the security cameras (top left)?

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Celebration At Calusa Nature Center This Saturday



The Calusa Nature Center and Planetarium is holding a celebration Saturday
image courtesy Calusa Nature Center and Planetarium

The Calusa Nature Center and Planetarium will unveil a 126-pound meteorite at a celebration on Saturday, August 13 at 2 p.m.

The meteorite is the focal point of a three-year exhibit, on loan by arrangement with the Toomey Foundation for the Natural Sciences in Bradenton, Florida.

The meteorite is part of a larger meteor that exploded just above the earth's surface some 4,500 years ago. This explosion resulted in a "strewn field," about the size of Manhattan, of craters and meteorite chunks from the same parent body. Originally found in Argentina, the meteorite's parent body is 4.53 billion years old.

The celebration will offer refreshments, prize giveaways, planetarium shows and a special guest speaker from NASA. It is included in an annual membership or with the price of a general admissions ticket. Tickets are \$10 for adults, \$5 for children ages three through 12, and free for those under three years of age. The center opens at 10 a.m., with activities taking place throughout the day.

The Calusa Nature Center and Planetarium is located at 3450 Ortiz Avenue in Fort Myers. Regular hours are 10 a.m. to 4 p.m. Monday through Saturday and 11 a.m. to 4 p.m. on Sundays. Ticket discounts are available for military, seniors and students enrolled at Florida Gulf Coast University or Florida SouthWestern State College.

For more information, visit calusanature.org.✧

Offshore Fishing Tournament To Benefit Injured Service Members

Dozens of anglers are gearing up to reel in the big one during the 4th annual Grouper Grapple Offshore Fishing Tournament Friday and Saturday, August 12 and 13. The tournament is open to the public and starts each day from the Fish Tale Marina, located at 7225 Estero Boulevard on Fort Myers Beach. The tournament serves as a fundraiser for Freedom Alliance, an organization supporting injured service members and their families.

"We are incredibly thankful to the organizers who have once again chosen to partner with us to support our nation's bravest," said President of Freedom Alliance, Tom Kilgannon. "Events such as the Grouper Grapple help us to reach the many injured service members and their families who need assistance, after sacrificing so much for our country."

Last year, more than 300 people attended the Grouper Grapple for a day of food, live music and the 35 teams' weigh-in action. Winning teams received a payout of \$32,500 in cash awards and a check for more than \$6,000 was presented to Freedom Alliance. This year, Grouper Grapple Tournament officials hope to exceed the purse and the donation amount.

In addition to the offshore fishing tournament that hosts both single- and twin-engine divisions, the Grouper Grapple will provide up to 20 combat veterans from across the country a day of freedom and fun on the water. Veterans coming from afar receive complimentary air fare, and all veterans receive hotel accommodations, free meals, a day fishing in the back bay with local captains and entry to the Grouper Grapple party.

For more information, visit www.groupergrapple.com.✧



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Fort Myers Art:

Local Business Owners Create New SoCo Arts And Culture District



by Tom Hall

A group of local visual artists, performers and entrepreneurs believes that the vortex of art and culture in Lee County is south of Colonial Boulevard now. And, to prove it, they've banded together to form a new arts and culture district called SoCo, an area defined not only by geographical lines, but also by the consistent presence of venues that represent the arts in Southwest Florida. This new art district runs from Colonial Boulevard down McGregor Boulevard, then over to Royal Palm Boulevard, over to Summerlin Road, up to Colonial Boulevard and returning to McGregor Boulevard.

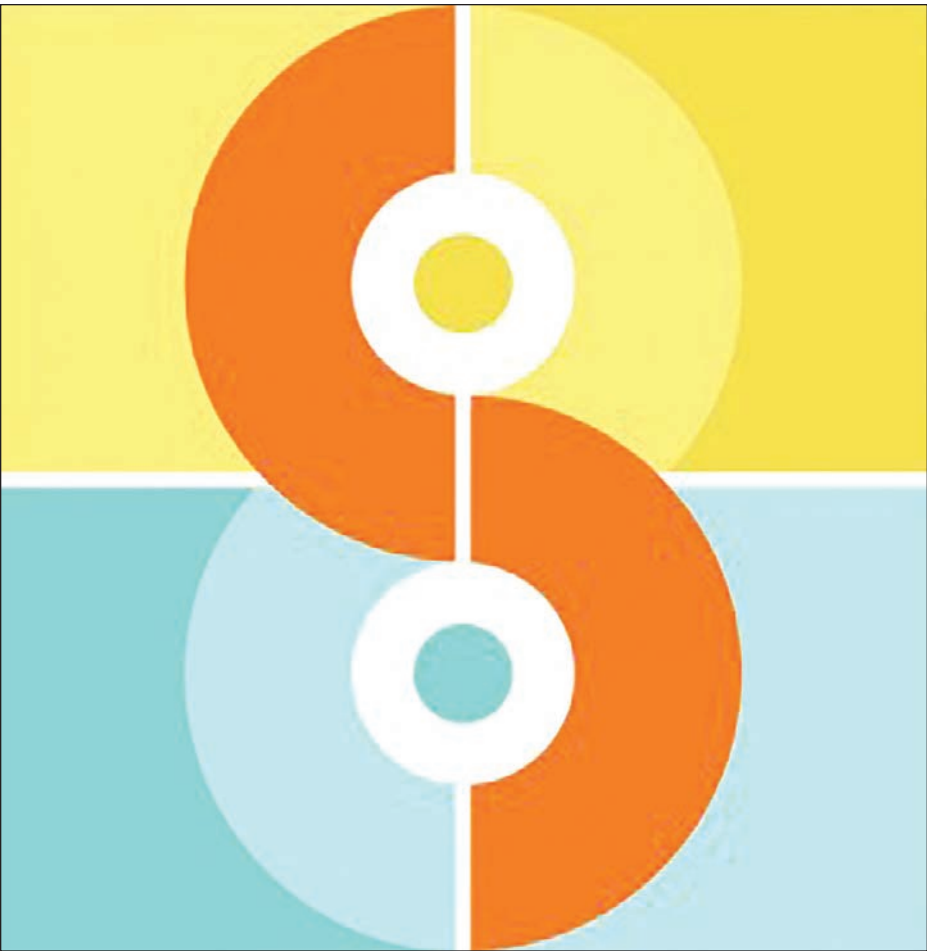
Located on McGregor, the Alliance for the Arts is one of the headliners in the new SoCo art district. Executive Director Lydia Black and Educations Coordinator Krista Johnson became part of the newly formed SoCo Committee after getting a call from artist and gallery owner David Acevedo, who recently inaugurated the largest cooperative art gallery in the city of Fort Myers, DAAS CO-OP Art Gallery & Gifts, located in the Royal Palm Square on Colonial Boulevard.

We thought it was a great idea and immediately jumped at the opportunity to be a part of it," said Black, whose member-supported art center is the designated arts agency for Lee County. "We have worked with David [Acevedo] before in many projects, and we know his passion for bettering the arts in our city."

Acevedo also recruited Will Prather and Melissa Vogt from the Broadway Palm Dinner Theater, together with Yoga Bird owners Anna and Chip Withrow, David Gittleman from Gittleman Studios and artist Jeffrey Scott Lewis from the Union Artist Studios, which plans to continue a collaborative effort and make this district a destination for arts and cultural lovers.

The SoCo district is planning a Second Saturday monthly event with the intent of uniting all of the arts represented by their respective establishments. The first will take place on Saturday, October 8 from 5 to 10 p.m., and will include a variety of scheduled events such as artist demonstrations and talks, musical and theater performances, art exhibition receptions, wine tastings and more. The proximity of all the participating venues conveniently allows for a self-guided walking tour or there is plenty of parking spaces available at both the Alliance for the Arts campus and the Royal Palm Square.

An after-party starting at 10 p.m. will be held at the Broadway Palm Dinner Theater.



The new SoCo logo was created by artist Paul Rodino photo courtesy artswfl.com

The October 2016 SoCo event will feature:

- Alliance for the Arts
- Broadway Palm Dinner Theater
- DAAS CO-OP Art Gallery & Gifts
- The Union Artist Studios at the Art Loft
- Ocasiocasa at the Art Loft
- Luciano Deandrade's Studio Os Urbanos
- David Gittleman Studios
- Yoga Bird

A map of the cultural stops will be located at all participating venues and can also be printed online at socoswfl.com. Guests can select which events to attend and design their own tour within the district. Along the way, there will be performers and vendors, making this event a complete cultural experience.

For more information about the SoCo Cultural District and the Second Saturday event, visit socoswfl.com and their Facebook page at facebook.com/socoswfl. Businesses and vendors wishing to be part of this event can email info@daascoop.com.

Poet Applications Sought For BroadSides: Poetry Off The Shelf

The Alliance for the Arts is issuing a call to poets for its 4th annual BroadSides: Poetry Off The Shelf event on January 12, 2017. Selected poems will be compiled into an anthology and given to visual artists who will each choose one to draw inspiration from. The artists' final pieces will then be digitized and merged with the poems, and those 'broadSides' will be printed, exhibited and for sale during the event and afterwards.

BroadSides are a form of written communication, typically designed to be posted in a public place. Traditionally, broadSides contain a mixture of text and images. From the 1600s to the early 20th century, this visual medium was used to convey information, issue proclamations, make revolutionary statements, or publish the lyrics to poetry and songs. Indeed, our Declaration of Independence was first printed as a broadside.

To be eligible for entry, poets must be able to attend the Broadside event on January 12, 2017, when poets will read their works and artists will discuss their creative process. Poets chosen to participate will be notified in early October. For more details or to submit your work online, visit www.artinlee.org/broadSides.

Fort Myers Elected First Native-Born Mayor Just Over 110 Years Ago

On August 7, 1906, Fort Myers elected its first native-born mayor: Henry A. Hendry, son of cattleman W. Marion Hendry, who settled in Fort Myers with his brother F.A. after their cousin, Charles, and his wife, Jane L., moved into the fledgling town after the death of their six-year-old daughter, Esther Anne, in their frontier shack near present-day Immokalee.

Had the three Hendrys not relocated to Fort Myers in 1873, there is a good possibility that the town would have been deserted, as the only other people still residing in the remnants of the old Seminole Indian and Civil War fort in 1873 were original settlers Joe and Christiana Vivas.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.✧

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www.ShopOnSanibel.com



The Calendar Girls with members of Strange Arrangement

photo courtesy The Calendar Girls

Calendar Girls Support The Arts

The Calendar Girls, along with the band Strange Arrangement, performed at Matlacha's Olde Fish House on July 30 in support of the Monday Music fundraiser. Monday Music is dedicated to music education and the promotion of creative and performing arts for students of all socio-economic levels. For more information, visit calendargirlsflorida.com.✱

From page 1

Solo Exhibit



Blinding Perceptions

photo courtesy SBDAC

has caused mass extinctions and atmospherical changes to earth. To achieve this, he adapts his materials to carry a narrative that is expressed in collective efforts of paint, mixed media and two or three-dimensional alliances, where the meanings of the ideas narrated are made to rest for the benefit of the viewer.

Contemporary issues like politics, ethnicity, culture and entrepreneurship are examined in Aguilera's artwork, however he uses his work as a platform to awaken the viewer to the challenges of this world and to envision alternatives for our culture to prevent its demise.

In the exhibit, guests will have an opportunity to experience the mind of Aguilera through his artwork. Visitors will see drawings and sketches, big installations and a couture line in collaboration with other talented artists.

Visit www.cesaraguilera.com for more on Aguilera's artwork. DJ Ceron will entertain during the exhibit opening from 6 to 10 p.m.

SBDAC is located in the historic downtown River District at 2301 First Street in Fort Myers. Gallery hours are Monday through Friday from 9 a.m. to 5 p.m. Admission is free for all. There is a suggested \$5 donation.

Visit www.sbdac.com for more information. Call 333-1933.✱

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Congressional District Debate

Wink News invites the public to attend the 19th Congressional District Debate on Tuesday, August 16. All of the candidates running in the race for U.S. House of Representatives 19th District have accepted the Wink News invitation to debate. The debate will take place at the Lee County School District headquarters in Fort Myers. Doors open at 5 p.m. The debate runs from 6 to 7:30 p.m.

"Voters will choose who will be the voice of Southwest Florida in the congressional seat left open by Curt Clawson. There's a lot at stake and Wink News is proud to provide this opportunity to hear from all of the candidates, unfiltered, on the issues affecting our communities," says Wink News Director Tom Doerr. Wink

News Anchor Chris Cifatte, who will moderate the debate, adds "This is the voters' opportunity to get past all the political advertisement talking points and hear the candidates give real answers to our impactful questions."

Wink News is partnering with the Lee School District to carry the debate live on the Lee Schools educational channels: YouTube.com/leeschoolstv, Comcast channel 99 and CenturyLink channel 89. The debate will air live on 92.5 Fox News Radio and stream live at winknews.com. It will also air on Wink TV's subchannel 11.2.

Participating candidates:

Robert Neeld (D)

Dan Bongino (R)

Chauncey Goss (R)

Francis Rooney (R)

David Byron (Write in)

Timothy Rossano (Write in)

The Lee County School District headquarters is 2855 Colonial Boulevard in Fort Myers.✱

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Southwest Florida Symphony



photos courtesy SBDAC

Maestro Nir Kabaretti

Teenage Piano Prodigy To Play With Symphony

The Southwest Florida Symphony will perform at the Sidney & Berne Davis Art Center on Friday, August 26 at 8 p.m., featuring its Summer Staycation series, All About Music. The concert includes local teen piano celebrity Noah Waddell, who will perform along with the symphony orchestra.

The Southwest Florida Symphony, Lee County's professional orchestra and one of the oldest symphony orchestras on Florida's gulf coast, kicks off its 56th season a few months early with its Summer Staycation concerts again this year, entitled All About Piano.

Maestro Nir Kabaretti will lead the series. The Southwest Florida Symphony, along with multi award winning teenage pianist sensation and local celebrity Noah Waddell perform exquisite works for piano:

- Gerald Finzi, *Eclogue for Piano and Strings*
- Ernest Bloch, *Concerto Grosso No. 1*
- Joseph Haydn, *Piano concerto in D*
- W.A. Mozart, *Eine Kleine Nachtmusik*
- Johann Strauss, *Pizzicato Polka*

Waddell has performed at concert halls, performing arts centers and churches. Noah's Concert for the Kids at BIG ARTS on Sanibel raised more than \$30,000

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Noah Waddell



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Man's best friend can enter the ballpark Friday. The **Fort Myers Miracle** baseball organization will host its fifth **Dog Daze of Summer** promotion this Friday, August 12 at Hammond Stadium. Game time is at 7:05 p.m.

With additional purchase, you can also take part in Fill'er Up Friday, a promotion that includes a happy hour that runs from 6 to 7 p.m. with \$2 domestic draft beer and \$1 fountain soda. You can purchase an All-You-Can-Eat wristband with a game ticket



The special night in the Listening Room will be celebration of original songs and the special people that write them. The ACMA has been able to offer the circle free

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FORT MYERS FARE

Dining From Downtown's Historic River District To The Beaches

For more information, check out our advertisers in this week's *The River Weekly News*

COURTNEY'S CONTINENTAL CUISINE

Courtney's is a family business run by Executive Chef Dale, his wife Betty and their son, Courtney. The warm and welcoming bar is great for libations and lots of laughter. Relax in comfort with friends and enjoy discounted drinks and appetizers during happy hour, served from open to close daily. The dining room offers a wonderful dinner variety; if you're an early diner, be sure to check out the Sunset Dining Specials from 4 to 5:30 p.m. Summer hours are Tuesday through Thursday from 4 to 9 p.m. and Friday and Saturday from 4 to 10 p.m.

20351 Summerlin Road (across from Sanibel Outlets in Publix Sanibel Beach Place), Fort Myers. Call 466-4646

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well-known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



From left, Courtney, Betty and Chef Dale from Courtney's Continental Cuisine

photo by Bob Petcher

IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone.

Il Cielo is located at 1244 Periwinkle Way on Sanibel and open Tuesday through Saturday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. Enjoy live piano music by Scott McDonald on Wednesday, Thursday, Friday and Saturday nights, beginning at 7 p.m.

Call 472-5555 for reservations.

IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m. 751 Tarpon Bay Road, Sanibel. Call 395-4022.

ISLAND COW

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches.

2163 Periwinkle Way, Sanibel. Call 472-0606.

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire Blues Band and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" starting at \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested. 1223 Periwinkle Way, Sanibel. Call 472-1771.

STANDARD RESTAURANT

The Standard Restaurant offers legendary food, cocktails and hospitality in a relaxed atmosphere. The combination of iron beams, old brick walls and thick wooden table tops add to the restaurant's ultra-modern feel. Noted executive chef Katlyn Johnson serves fresh home-cooked style dishes from her "made from scratch" kitchen.

The Standard Restaurant is open six days a week, serving lunch and dinner each day from Tuesday through Sunday as well as brunch with bottomless mimosas on Saturdays and Sundays.

1520 Broadway, Fort Myers, 219-6463.*

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10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation.flgoarch.org, 481-2099

BETH SHILOH

MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

CHABAD LUBAVITCH

OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 10:30 a.m. Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937 Reverend Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED

METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD

OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m.

Nursery care for pre-school children and Children's Church ages 5 to 12 available.

FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison Estates. 10:30 a.m. Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. christiansciencefortmyers.net, christianscience.com

FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers.org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST;

8210 College parkway, Fort Myers, 482-3133. Reverend Anton DeWet, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m. Friendship Time follows worship.

IONA-HOPE EPISCOPAL

CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

JESUS THE WORKER

CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www.lambofgodchurch.net. Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embarkmail.com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers

NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts.

NEW HOPE BAPTIST CHURCH

OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org.

PEACE COMMUNITY CHURCH

Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. www.peacecommunitychurch.com.

PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www.peaceftmyers.com, peace@peaceftmyers.com.

REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.

RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. Guided meditations, methods to relax body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www.MeditationInFortMyers.org.

SAINT COLUMBKILLE

CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973. Father Lorenzo Gonzalez. Monday 6:30 p.m., Tuesday through Saturday 8 a.m. Saturday 4 p.m.; Sunday 8, 10 a.m. and 5:30 p.m. Reconciliation Saturday 9 a.m. or by appointment.

ST. FRANCIS XAVIER

CATHOLIC CHURCH

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

SAINT JOHN THE APOSTLE

METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN

CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com.

Sunday worship service at 9:30 a.m.

SAINT NICHOLAS MONASTERY

Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www.saintnicholasmonastery.org.

ST. VINCENT DE PAUL

CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednesday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE

16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. Rabbi. Barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org.

THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

UNITARIAN UNIVERSALIST

CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org.

UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

UNITY OF FORT MYERS

11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness

WESTMINSTER PRESBYTERIAN

CHURCH

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. www.westminsterfortmyers.org

WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Educational Hour. www.zionfm.org✽

Guided Walk At Wild Turkey Strand Preserve



Scenic wetlands draw waterfowl to Wild Turkey Strand Preserve

photo courtesy Conservation 2020

A Lee County Conservation 2020 volunteer naturalist will lead a free 1.4-mile nature and history walk at Wild Turkey Strand Preserve at 9 a.m. Saturday, August 20. The preserve is located at 11901 Rod and Gun Club Road in Fort Myers.

The preserve has a fascinating history as it includes parts of the former Buckingham Army Airfield, the state's largest airfield training base during WWII. Scattered remnants of the airfield are

still visible. The preserve is also located within the boundaries of Lee County's designated aquifer recharge area.

The 90-minute walk is on a fully accessible trail, and a picnic shelter and restroom are onsite. Participants should wear close-toed shoes suitable for wet conditions.

No reservations are required and no dogs are permitted in this preserve. Call 204-1125 for more information.✪

Bunche Beach Bird Patrol Tour

Experience the beautiful birds of Bunche Beach with a bird patrol guide on Thursday, August 18 beginning at 5:30 p.m. Participants will meet on the beach located in South Fort Myers off Summerlin Road. Drive south of John Morris Road until it dead ends.

Bunche Beach is excellent for both migrant and resident waders and shorebirds working the mudflats at low tide due to the diversity of micro-invertebrates. Also, tour participants may see waterfowl, raptors and warblers. Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and love of nature.

Provided in cooperation with Lee County Parks and Recreation, this event is free with parking fee of \$2 per hour (tour is approximately two hours). Restrooms are located in the building at the first parking lot.

For more information, call 707-3015 or visit www.birdpatrol.org.✪

Free Film Showing At Fort Myers Library

On Wednesday, August 17, the Fort Myers Public Library will show a free film, part of the Around the World in 80 Films monthly series.

Made in Palestine, the Oscar-nominated film chronicles the story of two ordinary young men who are recruited as suicide bombers and the young woman who persuades them to rethink their mission.

Call 479-4636 for the movie's title. The film's showing is at 1651 Lee Street. Doors open at 6:15 p.m. and the film begins at 6:30 p.m. Donations are appreciated. The series is sponsored by the Friends of the Fort Myers Library.✪

Bonsai Society Meeting

The regular monthly meeting of the Bonsai Society of Southwest Florida will be held on Saturday, August 20 at the SPLAC building on Metro Plantation Road in Fort Myers. The main program will be continued preparation for the November 5 and 6 show and sale. Members are encouraged to bring trees for advice and critique. Raffles will be held. The meeting begins at 9 a.m.

Guests and new members are welcome. There is no charge for attending and parking is free.

Bonsai (pronounced "bone-sigh") is the practice of raising small artistic trees in pots. It originated in the Orient, and has become popular worldwide.

The Bonsai Society of Southwest Florida, Inc. was founded in 1973 to promote and encourage the knowledge and appreciation of bonsai and related arts. Meeting are held on the third Saturday of each month. For more information, visit bonsaiswfl.org or call Hamilton Agnew at 707-1000.✪

From page 8

Along The River

of charge to anyone that comes to play or listen because of the generosity of the congregation allowing the free use of the room. All donations will go to the church as a thank you. Doors open at 6:30 p.m.

The benefit is held a day prior to the regular Sunday ACMA Songwriter Circle. From 2 to 5 p.m., acoustic songwriters of all levels are invited to share songs and experiences in a non-judgmental, casual environment. No membership is required; come play or listen.

Visit americanamca.org for more information.

All Faiths Unitarian Congregation is located at 2756 McGregor Boulevard in Fort Myers.

Join the **Alliance for the Arts Member Gallery Book Club**, which meets from 6:30 to 8:30 p.m. on the third Tuesday of every month.

On Tuesday, August 16, there will be a discussion of Sue Roe's *The Private Lives of the Impressionists*. This monthly exploration of literature that focuses on art, artists, art history and art appreciation involves Roe's look into the Impressionists and how they were often ridiculed or ignored by their contemporaries. Today, astonishing sums are paid for their paintings as their dazzling works are familiar to even the most casual art lovers. But, how well does the world know the Impressionists as people?

The Private Lives of the Impressionists follows an extraordinary group of artists into their Paris studios, down the rural lanes of Montmartre and into the rowdy riverside bars of a city undergoing monumental change. Discussion will be on the unparalleled society of genius colleagues who lived and worked together for 20 years and transformed the art world forever with

their breathtaking depictions of ordinary life.

To be involved in the Alliance Book Club, you must be an Alliance member in order to participate. Individual memberships are \$55 annually or family memberships are \$80. Club members must purchase their own copy of each book. The book club is one of the benefits of an Alliance membership.

No experience is necessary. Visit artinlee.org or call 997-2787 to become a member.

The book club continues this fall and winter with *Maxwell Perkins: Editor of Genius* by A. Scott Berg on October 18, *The Lonely City: Adventures in the Art of Being Alone* by Olivia Laing on November 15, *Eiffel's Tower* by Jill Jonnes on December 20, *I Shock Myself* by Beatrice Woods on January 17 and *Twilight of the Belle Epoque: The Paris of Picasso, Stravinsky, Proust, Renault, Marie Curie, Gertrude Stein and Their Friends through the Great War* by Mary Sperling McAuliffe on February 21.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.✪



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Thunderstorms Change Daily Plans



by Capt.
Matt Mitchell

Daily fishing plans were often changed by the minute this week, due to the weather. I did manage to get out and fish most of my scheduled trips but the game plan

often had to be quickly modified to avoid unpredictable thunderstorms that some days had lots of lightning and made things dangerous at times. During one memorable weather event trip this week, we had to race in to the nearest safe shelter and run from the boat during a massive downpour, taking cover under a small area at Demiere Key. Twenty minutes later, the lightening had passed and we went right back to fishing.

Redfish action continues to improve and was often best right after the rain had passed and cooled the water temperature. Fishing the mangroves during the last

hour of the incoming tide, we caught redfish on a variety of baits, including shiners, pinfish and cutbaits. Simply put, if the redfish are there, they will eat basically any offering. Redfish this week were from 20 to 24 inches.

Mangrove snapper fishing is still going strong if you take the right bait. These hungry snapper just go off on shiners and can be caught all through the region. Most of my fishing, when the weather has allowed, has been in the middle to northern sound. With much cleaner water being found north of Redfish Pass, this cleaner water just has much more life in it, including bait, birds and fish. While avoiding the rain early in the week, I did spend some time closer to home fishing in the mouth of the river, which also held lots of mangrove snapper, although these fish are just not as large as the ones we have been catching in the northern sound.

The clean clear grass flats on the inside of Redfish and Captiva passes were good places to bend a rod all week as well, with a good mixed bag of fish. With so much bait in these areas, it's no wonder there are so many varieties of feeding fish here. From Spanish mackerel to trout and sharks, everything is here. As long as the tide is moving, the flats just inside the passes are offering non-stop action.



Frank Edwardi from Sea Isle, New Jersey with an upper-slot redfish caught while fishing with Capt. Matt Mitchell

Summer weather can be challenging at times and this week proved that to be very true. Getting caught out in a lightning storm is no joke and getting away from it should be your number one priority. All summer long, keep your eyes on the sky first. Another great tool is the local weather radar on your smart phone. Weather radar can take a lot of the guesswork out of predicting storm movement, although this week we had days that the storms just popped up all around us and even right on top of us, then moved in all different directions.

When out on the open bay, it's usually possible to avoid the storms by just moving around. This week the weather was much more unpredictable. If it looks

like you are going to get caught out, don't hesitate and get somewhere safe quickly. In years past, I remember having to tie up the boat and put my clients on one of the fish camp docks in the northern sound, hiding in the mangroves or even putting the boat under a private covered dock. During crazy lightning, when in fear for your life, there are no rules, just get somewhere safe until it passes.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com. ☆

Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-1213.

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Passion Vines



Non-native scarlet passion flower's brilliant color

photos by Gerri Reaves

By Gerri Reaves

Whether you're looking for plants that are low-maintenance, gorgeous, versatile, or butterfly-friendly, you can't go wrong with most passionvines.

Three popular ones – two native and a Florida-friendly non-native – are maypop (*Passiflora incarnata*), corkystem passionflower (*Passiflora suberosa*) and scarlet passion flower (*Passiflora coccinea*).

The natives surpass the non-natives in drought tolerance and butterfly friendliness. Most importantly, they are hosts, or larval plants, for the gulf fritillary and zebra heliconian (zebra longwing), as well as nectar plants for others. Additionally, maypop is the host for the variegated fritillary and corkystem for the Julia heliconian.

These fast-growing vines can be used to cover fences or trellises, or even as a groundcover or potted plant. Coiled climbing tendrils are distinctive features for these vines, which will survive in a variety of light conditions.

Don't despair when caterpillars devour the leaves. Butterflies will follow and the vine will quickly replace the foliage.

The natives' edible fruit is a food source for wildlife. Maypop's apricot-size fruit can be made into a delicious jelly – if you can get to it first.

Maypop's has its odd name because the hollow fruit "pops" open when pressed to reveal seeds.

Its exotic fragrant flowers with purple and white filaments are so striking that they may seem artificial at first acquaintance.

Those bluish purple flowers, which give it the alternate name purple passion flower, measure up to three inches across and bloom most of the year.

In contrast, corkystem's greenish white flowers are tiny, although just as exotic when viewed close up. They bloom all year long.

There is some disagreement on whether its tiny purple fruit is edible for humans.

Passionvines can be cultivated with seeds, cuttings or root shoots. However, corkystem easily self-propagates. Once you have one in the yard, more will spring up.

The grooved corky stems of the mature vine make it easy to identify and, for true lovers of native vines, are an ornamental feature.

One confusing feature is the leaf shape can vary, even on the same plant.

Scarlet passion flower, a native of South America, also attracts butterflies and



Native corkystem passionflower's tiny flowers and corkscrew tendrils



Native maypop's large fringed flower

hummingbirds, but is not a larval plant.

It is cold-sensitive, compared to native passion vines, and is more susceptible to pests, specifically nematodes.

The short-lived brilliantly colored flowers are three to five inches across and are definitely stunners.

Remember to avoid pesticides and other chemicals near butterfly plants. Also, purchase only butterfly-host plants that have not been treated with chemicals, for they will kill the larvae.

Sources: Everglades Wildflowers by Roger L. Hammer, Florida's Native Plants by Robert G. Haehle and Joan Brookwell, The Shrubs and Woody Vines of Florida by Gil Nelson, Waterwise by SFWMD, edis.ifas.ufl.edu, floridata.com, hort.ifas.ufl.edu, and nababutterfly.com.

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Invasive New Guinea Flatworm Identified On Sanibel Island



New Guinea flatworm

photo credit Shinji Sugiura, Google Images

The New Guinea flatworm (*Platydemus manokwari*), an introduced non-native invasive species to South Florida, has been positively identified on Sanibel Island. In September 2015, Sanibel-Captiva Conservation Foundation (SCCF) staff collected and preserved an unknown flatworm species on property owned by SCCF. The specimen was sent to experts at Florida International University and has been positively identified as the New Guinea flatworm.

The New Guinea flatworm, as its name suggests, is a native to New Guinea and other South Pacific islands. It was first discovered outside its native range in 1962



New Guinea flatworm captured on Sanibel, September 2015 photo courtesy SCCF

in Queensland, Australia. The flatworm has been identified worldwide throughout almost all temperate to tropical climate zones in places such as France and Miami. This flatworm lives in the soil and is transported worldwide, most likely through potted plants. Most recently, it was identified in Cape Coral and reported in the local media.

The New Guinea flatworm feeds mainly on adult tree snails and their eggs as well as other invertebrates that live in the soil. With no known predators and a voracious appetite, the New Guinea flatworm has been known to have detrimental impacts on populations of native tree snails worldwide.

The flatworms are known vectors for the parasitic nematode *Angiostrongylus cantonensis*, (also known as rat lungworm) and may be spread to humans. The flatworms are also coated in an acidic slime and should not be handled. If touched, individuals should wash their hands immediately. If encountered, individuals can exterminate

these flatworms by pouring boiling water on them. However, positive identification is important to ensure that native species are not harmed in the process.

The New Guinea flatworm looks similar to a leech, measures 40 mm to 65 mm long and is typically flat and very dark brown with a thin light stripe down the middle of its "back." If you think you've found a New Guinea flatworm but are unsure, call Joel Caouette at the City of Sanibel Natural Resources Department at 472-3700 or send pictures to joel.caouette@mysanibel.com. You can also report sightings to the Florida Fish and Wildlife Conservation Commission at 888-IVE-GOT1 (888-483-4681).*

Vessel Law Helps Manage Florida Waterways

A new Florida law, approved by the legislature and governor during the 2016 session, will enable county and local authorities along with the Florida Fish and Wildlife Conservation Commission (FWC) to more effectively manage the state's waterways. The new law (F.S. 327.4107) allows law

enforcement officers to issue non-criminal citations to owners who allow their boats to become "at risk" of becoming derelict.

"This law allows officers to take action before a vessel crosses that line between at-risk and derelict, and hopefully prompts the owner to rectify any issues with the vessel before it reaches a state of disrepair," said Phil Horning, FWC's derelict vessel program administrator. "Prior to this law being enacted, officers had to wait until a vessel met the legal criteria for a derelict vessel before beginning any sort of official interaction with the owner."

Under the new law, a vessel is deemed to be "at-risk" if any of the following conditions is observed:

- The vessel is taking on or has taken on water without an effective means to dewater.
- Spaces on the vessel that are designed to be enclosed are incapable of being sealed off or remain open to the elements for extended periods of time.
- The vessel has broken loose or is in danger of breaking loose from its anchor.
- The vessel is left or stored aground unattended in such a state that would prevent the vessel from getting underway,

is listing due to water intrusion, or is sunk or partially sunk.

If an officer observes a vessel with one or more of these criteria, a non-criminal citation may be issued that requires the owner to correct the problem or face stronger penalties after 30 days have passed. If problems are not fixed, non-compliant vessel owners can face additional fines issued every 30 days until they are.

Officials expect that this new law will decrease the number of vessels becoming derelict, a problem which continues to burden the state's public waterways.

"Our goal is to keep Florida's waterways safe and protect their environmental stability," said Horning. "We are committed to protecting this valuable resource for the people of Florida and its visitors."

Vessel owners are also reminded to sell their vessels properly.

"Many owners don't realize that not only is the buyer required to get the vessel retitled in their name, but the seller is also required to notify the Department of Highway Safety and Motor Vehicles within 30 days that they have sold their vessel," said Horning.

Failure to do so is a violation and may cause the prior owner of record legal troubles should the vessel become derelict at a later date.

The FWC will be assisting state and local governments with derelict vessel removal grants that will be available soon. The grant funding was also approved by the legislature and governor during the 2016 Session.

Interested applicants may contact the FWC Derelict Vessel Program office at 850-617-9540 or email DVGrant@MyFWC.com for more information.*



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CROW Case Of The Week:

Mottled Duck

by Bob Petcher



The mottled duck (*Anas fulvigula*) is a medium-sized dabbling duck – one that feeds mainly at the water surface as opposed to diving – that is in between a female mallard and an American black duck in appearance. It belongs to a worldwide group of approximately 20 species of closely related ducks referred to as the mallard complex, where all the species have a similar body shape but differ in their feather characteristics and color.

Often called the Florida duck, the dark brown-bodied, light brown-headed mottled ducks generally live along the Gulf of Mexico coast between Alabama and Mexico. When not in

breeding season, individual birds may fly as far south as to Veracruz, Mexico on the west side of the Gulf.

But mottled ducks are generally non-migratory birds. In Florida, they tend to spend their entire life within the state's brackish and freshwater marshes, ponds, lakes, rivers, canals, ditches and mosquito impoundments. They favor treeless country and wide horizons.

In fact, the mottled duck is the only duck adapted to breeding in southern marshes. A distant relative of the more common mallard, it is considered being in danger of being displaced by its distant cousin, primarily because of hybridization. That major threat of interbreeding threatens the species' survival of its pure stock.

Another threat of extinction for the mottled duck is the draining and destruction of marshland that has had a serious impact on the total population. It has been said that these rapid changes in the landscape within south Florida can be blamed on agricultural and urban development.

Unlike most waterfowl, mottled ducks are rarely seen in large flocks. They tend to circulate in pairs or small groups. When feeding, mottled ducks dabble in shallow water and graze on land. They mainly eat plants, but can dine on particular mollusks and aquatic insects. Roughly 40 percent of the mottled duck's diet consists of insects, snails, mollusks, crayfish and small fish. The other 60 percent involve grass seeds, stems and roots, seeds of other marsh plants and bayberries.

To distinguish between a male and female mottled duck, look no further than the duck bill. The male's bill is generally bright yellow, while the female beak is deep to pale orange, sometimes including black splotches around the edges and near the base.

Mallards and mottled ducks differ in their respective wing patches. Both sexes of the



Patient #16-2566 is sporting a head wound but is responding well to treatment and feeds on its own photo by Kenny Howell

mottled have a shiny green-blue wing patch compared to the white-bordered wing patch of the mallard.

Averaging 17 to 24 inches in length from head to tail, the mottled duck is one of the most frequently banded waterfowl. Records show that one out of every 20 mottled ducks is banded.

Florida mottled ducks nest from February through July. The females tend to locate their nests in dense vegetation (tall grasses, rushes or palmetto thickets) on the ground near water. Once born, the young leave the nest shortly after hatching. Unlike other animals that have an adjustment period, female mottled ducks move their ducklings to water within 24 to 48 hours of hatching and then to feeding sites, where the babies are

continued on page 22



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Conservancy To Host Talk On Polluted Water



Jennifer Hecker

The Conservancy of Southwest Florida is hosting an Evenings at the Conservancy program, The Ripple Effect of Polluted Water Releases, on Tuesday, August 16 from 6:30 to 7:30 p.m. The free program will be held at the Jeannie Meg Smith Theater inside Eaton Conservation Hall at the Conservancy of Southwest Florida Nature Center, 1495 Smith

Preserve Way, in Naples.

As polluted water released from Lake Okeechobee continues to rush down the Caloosahatchee River, the dark dirty water plagues Southwest Florida beaches and threatens the region's quality of life. The water crisis has many asking the Conservancy of Southwest Florida: What is causing the problem? What can be done? How can I help?

Conservancy Director of Natural Resource Policy, Jennifer Hecker, will lead a discussion to help the community understand more about the nature of the current crisis, outline the Conservancy's advocacy points, and share what individuals can do at the local level.

"Educating the community about the ripple effect of our polluted waters is a big part of our mission to protect our land, water and wildlife, so we are inviting the public to attend, free of charge," said Conservancy President and CEO Rob Moher. "Our hope is that attendees will gain a better understanding of the history, the current and future concerns, proposed solutions and how to help."

Reservations are required. Programs often sell out, and seating is on a first-come, first-served basis. RSVP by email to Sophia Navarra at SophiaN@conservancy.org or call 239-403-4207. Free refreshments will be provided.

To learn more about the Conservancy's water quality efforts, visit www.conservancy.org/our-work/policy/water-quality.

The Evenings at the Conservancy lecture series is sponsored by Arthrex, Vi at Bentley Village and Florida Power and Light.*

Edible Gardening Exchange Meeting

The Edible Gardening Exchange's August speaker is Gene McAvoy, a five-county vegetable agent for the University of Florida's Institute of Food and Agricultural Services.

McAvoy will discuss how to better select which vegetables to grow this fall.

Join other edible gardeners on Thursday, August 18 at 6:30 p.m. at the North Fort Myers Recreation

Center, 2000 North Recreation Park Way in North Fort Myers. Beginning at 5:30 p.m. is an open and informal chat on edible topics. Attendees are welcome to bring something to share with others, such as seeds, plants or a snack.

All fees are paid at the front desk. Six monthly summer classes from April to September cost \$10. In addition, a Lee Parks and Recreation lifetime membership is required for a one-time fee of \$10 per person.

For more information, call or text Karen Harty at 610-530-8883 or email KarenHarty@GrowAGardener.org.*

Healthy Living Lecture Series

Lee Memorial Health System will offer the next in a series of free lectures designed to cover a variety of health care topics to help improve your physical and mental well-being. These interactive and informative lectures are presented by Dr. Sal Lacagnina, system medical director of wellness and employee health. This month's lecture will be held on Monday, August 29 at the Lee Memorial Hospital Auditorium from noon to 1 p.m.

The world we live in and are exposed to tremendously affects all aspects of health. It is said that on a daily basis we are exposed to hundreds of chemicals. Even though the individual levels of exposure are low, in combination, they can be life threatening.

Join Dr. Lacagnina for an informative and interactive presentation to understand what you can do to minimize exposure to toxins and how detoxifying lowers the lifetime risk of cancer and many chronic illnesses.

Seating for the lecture is limited and reservations are requested. Call the Health and Wellness registration line at 424-3234 to reserve space.

The Healthy Living lecture series is presented as a program of Healthy Lee, a community resource that was created to empower and inspire the people of Lee County regarding healthy lifestyle choices through education and action.

Visit www.healthylee.com for more information.*



Dr. Salvatore Lacagnina

photo courtesy Lee Memorial Health System

From page 6

Piano Prodigy

for the new Golisano Children's Hospital of Southwest Florida. He currently donates some of his time and talents weekly to the Arts In Healthcare program at Lee Memorial Hospital. He has also appeared on the PBS television show *Curious Kids* and the Christian Television Network. After winning a concerto competition at age 12, Waddell made his orchestral debut, performing three concerts as a soloist with the Tampa Bay Symphony. Since then, he has performed with the Coral Gables Chamber Symphony.

In 2014, Waddell won his first international piano competition that was held in Fort Collins, Colorado. Recently, he performed on NPR's nationally syndicated radio show *From The Top* with host Christopher O'Riley. Waddell is a ninth grader at Crosspointe Academy.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. Tickets start at \$30 and may be purchased online at www.swflso.org and www.sbdac.com, by visiting the Southwest Florida Symphony Box Office located at 8290 College Parkway, Suite 103 in Fort Myers or by calling the Symphony Box Office at 418-1500. Tickets may also be purchased at the box office before the show.*

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Pilot Club Members Take Safety Program To Elementary Students



Standing from left, Pilot Club members Fran D'Alessandro and Dot Kiesel work with students at Heights Foundation photos courtesy Pilot Club of Fort Myers

Members of the Pilot Club of Fort Myers took the Brain Minders program to two schools recently. The focus of the program is to provide safety information to young children through the use of puppets and storytelling.

Through the use of puppets and informational pages, students at both Heights Foundation and Trinity Lutheran are taught various safety techniques. They are given informational pages about safety. Participation in the program is done by responding to comments made by the puppets.



The Brain Minders program utilizes puppets at Trinity Lutheran summer camp

The focus of the Pilot Club of Fort Myers is helping organizations seeking to improve the quality of life for individuals with brain-related disorders through volunteer activities, education, and financial support.

For information about the Pilot Club, contact president Joy Augustine at 691-0069 or personalpropertyappraiser@yahoo.com.✱

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Olympic Games Prove The World Can Come Together



by Ed Frank

Every four years we are captivated by the Summer Olympic Games when athletes from every corner of the world come together for 17 days of competition – 17 days when these marvelous athletes prove their political, ethnic and religious differences can be set aside peacefully on the fields of sports.

The dichotomy of the more than 11,000 men and women competing in the 2016 Summer Olympic Games is truly amazing. And for each of these 11,000, there is a story on how they reached Rio this year.

Let's take a look at the background of these Olympic Games:

The athletes come from 206 countries with Kosovo and South Sudan participating for the first time. There are 31 Olympic sports comprising 306 events. Thirty-eight different venues have been established to hold the competition, 33 in Rio and five in locations away from Rio. Golf and rugby sevens were added this year.

The United States has the largest contingent with 554 men and women competing in 27 of the 31 sports – 262 men and 292 women. This is the most women from one country who have ever competed in a single Olympic Games.

After the overall number of athletes for the U.S., Brazil follows with 465, China 413 and Great Britain with 366. Other countries with large teams are Japan, 338; Canada, 314; Italy, 309; Russia, 282; Netherlands, 242; and South Korea, 205.

The American team comes from 46 states with California leading the way with 125, followed by Florida with 39 and Texas with 33.

Interestingly, 365 are rookie Olympians and 189 are making return trips, headlined, of course, by Olympic record-holder Michael Phelps who won his 23rd medal early in the games in this his fifth Olympic Games. The returning Americans have garnered 108 medals in past games.

But, did you know that there are three Americans back for their sixth Olympics? Equestrian Phillip Dutton and shooters Emil Milev and Kim Rhode are competing in their sixth consecutive Olympic Games. Dutton, 52 years old, is the oldest American Olympian.

The youngest American is 16-year-old Kanak Jha, the table tennis phenom.

Finally, there are 17 American Olympians who have ties to military service.

Every community takes interest in their local athletes who have qualified for Rio. Locally, three have attended or are attending Florida Gulf Coast University – Brooke Sweat, beach volleyball, and swimmers Lani Cabrera and Erita Leter.

Volumes could be filled with the great stories and the intrigues of these 11,000 athletes. That's what makes the Olympics so great.

Maybe, hopefully, the camaraderie these athletes share from 206 countries for 17 days can extend far beyond the Olympics.

Miracle Home This Weekend

With four weeks remaining in the 2016 season, the Fort Myers Miracle baseball team started the week trailing first-place St. Lucie by 2-1/2 games in the Florida State League South Division.

Monday's game at Hammond Stadium against St. Lucie was postponed due to rain. A doubleheader was scheduled for Tuesday to make up the rainout.

The Miracle will host Charlotte this weekend – Thursday, Friday and Saturday to end the home stand. The Thursday and Friday games have 7:05 starts with the first pitch Saturday at 6:05 p.m.

Fort Myers needs to win the league South Division title for the season's second-half to qualify for postseason play.*

From page 2

River View

Walk down to First and Broadway and consider the machinations that created today's westward view.

Then visit the Southwest Florida Historical Society's research center to learn more about how and why the Caloosahatchee's shoreline moved so many times over the decades.

The all-volunteer non-profit organization is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

The society is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

Call 939-4044 or visit swflhistoricalsociety.org for more information.

Watch museumofhistory.org. of the Southwest Florida Museum of History for the reopening date after renovations.

Then visit the museum to see exhibits and artifacts that document downtown's working waterfront.

The museum is located at 2031 Jackson Street. Call 321-7430 for information.*

SPORTS QUIZ

- Who was the last player before Seattle's Nelson Cruz in 2015 to have two separate streaks of five consecutive games with a home run in the same year?
- Between 1967 and 1972, Ferguson Jenkins had six consecutive 20-win seasons for the Chicago Cubs. Did any Cubs teammate notch 20 wins during that time?
- When was the last time before 2015 that Temple beat Penn State in football?
- Who was the last Toronto Raptors player before Kyle Lowry (2013-14 through 2015-16) to have three consecutive 100-steal seasons?
- When was the last time before 2016 that the New York Islanders advanced to the second round of the playoffs?
- Name the last driver before Kyle Busch in 2016 to sweep all the NASCAR national series races for two consecutive weeks.
- When was the last time before 2016 that more than one American female tennis player reached the quarterfinals of the French Open?

ANSWERS

1. Philadelphia's Chase Utley, in 2008. 2. Bill Hands won 20 in 1969. 3. It was 1941. Penn State was 38-0-1 during the 74 years in between. 4. Alvin Williams (2000-01 and 2002-03 seasons). 5. It was 1993. 6. Harry Gant, in 1991. 7. It was 2004 (Jenniffer Capriati and Venus and Serena Williams).



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of the 501c3 organization, the board's officers oversee the planning and execution of the charitable organization's signature fundraising event, the 2017 Southwest Florida Wine & Food Fest. The two-day festival held at Miromar Lakes Beach & Golf Club includes private Chef Vintner Dinners on February 24 and The Grand Tasting and Live Auction on February 25.

The Southwest Florida Wine & Food Fest has raised \$15.6 million over the past eight years, making it the most successful fundraising event in Lee County and one of the top-grossing wine fests in the country. SWFL Children's Charities, Inc. donates 100 percent of the event proceeds to three

local beneficiaries. Golisano Children's Hospital of Southwest Florida is the primary beneficiary of the event, and the money raised helps to fund the building of the new family-centered children's hospital that will provide new and expanded medical services and subspecialty services to children from Lee, Collier, Charlotte, Hendry

and Glades counties. SWFL Children's Charities, Inc. also grants funds to Florida SouthWestern State College and Florida Gulf Coast University to provide scholarships and equipment to educate the community's next generation of pediatric health care professionals.

For more information, visit www.swflwinefest.org.

Lee Memorial Staff Receives Banner Of Support From Orlando



Jim Nathan, president, Lee Memorial Health System and Lisa Sgarlata, Lee Memorial Hospital chief administrative officer, right, Lee Memorial Regional Trauma Center physicians and Lee Memorial Hospital Emergency Department team members who cared for victims of the Club Blu shooting with a banner they received from the Orlando Health Trauma Center team. The banner was sent in solidarity, empathy and appreciation for the emotional toll these events take on a caring staff. The banner was hand delivered by Jamal Hakim, MD, Orlando Health chief operating officer; Kathy Swanson, president of Arnold and Winnie Palmer Hospitals; and Susan Stallard, director of organizational effectiveness at Orlando Health.

photo courtesy LMHS

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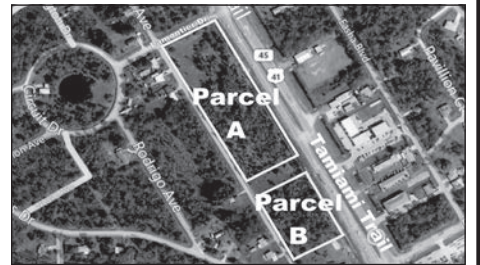
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Financial Focus

Diversification Is Still Important For Retirees



by Jennifer Basey

During your working years, your primary investment goal is generally growth – you need your money to grow so that you can eventually afford the comfortable retirement lifestyle

you've envisioned. But when you retire, should you change course and adjust your investment strategy from "offense" to "defense"?

Actually, it's not quite that simple. To begin with, even while you are working, you don't want your portfolio to be completely filled with growth-oriented investments, such as stocks. If it were, you would likely be taking on a degree of investment risk that's too high, because, as you may know, stocks will fluctuate in price – sometimes significantly. And if you only own stocks, you could take a big hit during a market downturn. That's why you need to have an array of investments – stocks, bonds, certificates of deposit (CDs) and so on. By spreading your investment dollars this way, you can give yourself more opportunities

for success while reducing the impact of volatility on your portfolio. (Keep in mind, though, that diversification, by itself, can't guarantee profits or protect against all losses.)

Now, let's fast-forward to your retirement date. Once you retire, you may need to look at your investment portfolio somewhat differently – instead of building it up, you may now want to think of making it last. So, your first impression might be that instead of maintaining the diversified portfolio you had when you were working, you need to switch to predominantly "safe" investments, such as CDs and treasury bonds, to reduce the risk of losing principal.

And such a strategy might indeed be effective – if your retirement were only going to last a year or so. But the chances are reasonably good that you could be retired for two, or possibly even three, decades. If that's the case, then you will have to deal with a threat to your lifestyle that you might not have considered: inflation. We've had low inflation for several years, but that could change in the future. Consider this: Even at a relatively low 3 percent inflation rate, prices double roughly every 25 years. And depending on your personal needs and spending patterns, your personal inflation rate might be even higher.

To protect yourself against inflation, you will find that investments such as CDs and treasury bonds are typically not much help. In fact, in a low-rate environment, your returns on these investments may not even keep up with inflation, much less keep you ahead of it. That's not to

say they have no value – they can provide you with an income stream and help lower your overall investment risk.

But to defend your purchasing power, you will still need some growth potential in your investment portfolio during your retirement years. Your exact percentage of stocks and other growth-oriented investments will depend on a variety of factors – your projected longevity, other sources of income, family situation, risk tolerance and so on. You may want to consult with a financial professional to ensure that your portfolio mix is suitable for your needs.

Many things may change in your life when you retire – but the need for investment diversification is not one of them.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.

College Graduate

Evgenia Lepeshchenko of Fort Myers graduated from Troy University via online classes during Summer Semester/Term 5 of the 2015/2016 academic year.

Lepeshchenko graduated with a master of science in international relations from the College of Arts and Sciences.

Small Business Resource Network Meeting

The Southwest Florida Small Business Resource Network (SBRN) will host a networking and discussion for small-business leaders, owners and entrepreneurs on Thursday, August 18, from 11:45 a.m. to 1 p.m. The meeting will be held at Connors Steak and Seafood Gulf Coast Town Center, 1700 Gulf Center Drive, in Fort Myers.

Steve Blount of Blount Law, civil litigator and adviser to business owners, will discuss common legal concerns shared by business owners and entrepreneurs.

Sponsored by Florida Gulf Coast University Small Business Development Center (SBDC), the meeting begins with networking over lunch and follows with the topic discussion. Lunch is included in the cost of \$20 per person for members and \$30 per person for guests and unaffiliated small-business owners.

Space is limited and online RSVP is required. To register, visit <http://fsbdcswfl.wordpress.com/sbrn-lunch-series/>. Deadline for registration is Wednesday, August 17.

For more information, to register for the event, or to get directions, contact Lorna Kibbey, coordinator at the FGCU Small Business Development Center, at 745-3700.

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Female Pioneers of Fort Myers

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By Robin C. Tuthill and Thomas P. Hall

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School Board Candidates To Speak At Forum

Republican candidates for Lee County School Board (Districts 2 and 6) have been invited to participate in a forum at the regular monthly luncheon meeting of the Fort Myers Republican Women's Club on Tuesday, August 16.

The candidates will present their qualifications and platforms. A question-and-answer session will follow their prepared remarks.

The public is invited to attend the luncheon and the program held at The Helm Club, The Landings, South Fort Myers. A social hour begins at 11:15 a.m. The noon lunch will be followed by the candidate forum. The luncheon cost is \$18. Reservations, which are required by Thursday, August 11, may be made by contacting Tina Laurie at 489-4701. Checks may be written to Republican candidates of choice and the club will pay for the luncheon.

For more information, call club president Carole Green at 850-590-2206.

Our email address is
press@riverweekly.com



SWFL Regional President Michael Greenberg helps a student pick out her backpack for the upcoming school year

Backpacks Given To 2,000 Students

The largest back-to-school outreach program in Lee County took place on Sunday, July 31 at Harborside Event Center in Fort Myers. The 17th annual Big Backpack Event, with presenting sponsor Neal Communities, gave out 2,000 backpacks filled with school supplies to students ages 5-12, while also celebrating diversity in our community.

The Multicultural Centre of Southwest Florida hosted this popular community outreach event, one that has provided new backpacks and school supplies to more than 37,000 students to date. The program lends a helping hand to students and families in need, while celebrating the diversity in Southwest Florida with live multicultural entertainment on the main stage, including hip hop, Irish step dance, salsa and more.

Families enjoyed other festivities such as face painting, clowns and live entertainment. Thanks to many generous sponsors and vendors, students also received eye exams, haircuts and other giveaways at the event.*



Two grateful children at this year's Big Backpack Event

photo courtesy Multicultural Center of SWFL



Smiles all around at the Big Backpack Event

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Book Review

Delivering The Truth

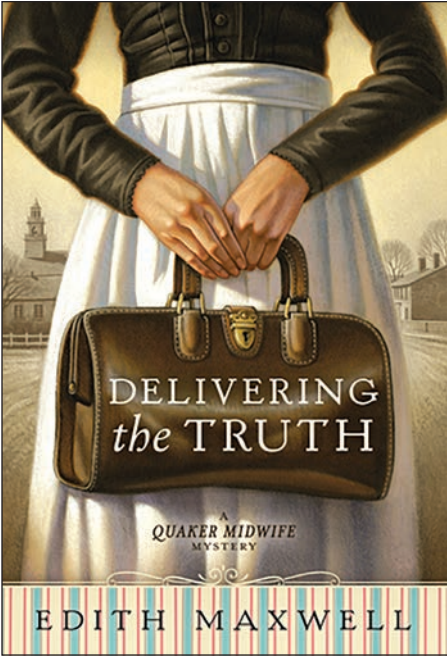


by Di Saggau

Edith Maxwell does a terrific job of weaving historical information, interesting information about the Quakers’ beliefs and culture with a bit of romance into a fascinating mystery. *Delivering the*

Truth begins with the heroine, Rose Carroll, a Quaker midwife delivering a baby for a fee of \$2. At 24, Rose is a bit past marriage age, and a doctor friend, David Dodge, who is interested in her, presents a problem because he’s Catholic.

The novel is set in Amesbury, Massachusetts in 1888, a town known for carriages that are built in numerous factories. The reader is immediately transported to another place and time. When a devastating fire destroys the factories along with some houses and the



post office, families are left without homes while lives are lost and also incomes. Upon discovery that the fire was arson, it means murder was also involved.

Rose, as she goes about her business of delivering babies while being wooed by David, begins to discover clues that

she shares with the local police. She is a delightful heroine who stays true to her Quaker beliefs and manner of speech as she goes about her daily life. It certainly isn’t a dull life as it includes helping solve crimes.

There are marvelous characters like Bertie, the postmistress, who is Rose’s best friend. There’s Minnie O’Toole, an unmarried woman who refused to name her child’s father. Another is Lillian Parry, the spoiled, discontented and much younger wife of wealthy carriage-factory owner William Parry, who’s neglecting her for a mistress.

Rose is helped in her search by celebrated Quaker poet John Greenleaf Whittier, a fellow member of the Society of Friends, who gives her sage advice. It’s nice to learn a little more about him and his role in ending slavery.

Rose keeps her eyes open for clues to the arsonist as she travels around town. When Parry’s son is stabbed with Rose’s hand-painted knitting needle, her sleuthing really begins in earnest. She discovers dark secrets in trying to bring the perpetrators to light.

Delivering the Truth is a great read. It’s the first in the author’s Quaker Midwife Mystery Series. I look forward to reading the next one.*

From page 15

CROW Case

reared to feed themselves. Interestingly, juvenile mottled ducks are capable of flight at 60 to 70 days of age.

At CROW, a mottled duck was recently brought in from North Fort Myers with a head injury. While there was no way of telling how the injury occurred, the wound was two centimeters in length and deep enough to expose the underlying skull.

CROW hospital officials are applying bacitracin ointment to the head wound instead of placing bandages on the patient’s head. Medical personnel stated that duck head injuries such as swelling of the brain and internal bleeding could lead to concussion symptoms, just like humans. “Birds can lose their balance that result in uncoordinated flight and often times regurgitate their food.”

Otherwise, the mottled duck is currently behaving well, gaining weight (it weighed 1.4 pounds at the beginning of the week) through feedings and having tub time during the day.

“Like every patient, recovery time depends on the severity of the injury, but we expect the duck to be here for at least a couple more weeks,” said Dr. Heather Barron. “Currently, the duck is responding well to treatment and is receiving a topical antibacterial cream six times a day. The duck is currently eating on its own, gaining weight and is bright and alert.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*

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FSW Program Accreditation Reaffirmed

Florida SouthWestern State College’s (FSW) Respiratory Care Program has received continuing accreditation following a two-day site visit from the Commission on Accreditation for Respiratory Care (CoARC). The program was reaffirmed for the full 10 years and will be up for continuing accreditation again in 2026.

“In order to sit for the national certification exam, students must graduate from an accredited program,” said Jeff Davis, Respiratory Care Program director. “Our faculty, clinical associates and hospital partners all work together to

guarantee the strength of our program and help develop highly educated and certified respiratory care practitioners.”

The program also received six commendations from CoARC regarding the strength of the program:

- Superior faculty quality and collaboration in educational delivery (Professor Sindee Karpel, Professor Jean Newberry)
- Devotion of the medical director/physician (Dr. George Mestas) for 30 years to the program
- Foresight to have in place an opportunity for degree advancement to the bachelor of applied sciences (BAS) degree in Cardiopulmonary Sciences
- Active and engaged advisory board and contribution of respiratory care program alumni in leadership roles at area hospitals and centers

- Innovative use of simulation education in teaching students and area professionals for continued education
- Collaborative program leadership of the Associate Dean Dr. Jeff Elsberry with current Program Director Professor Jeff Davis.

“Accreditation not only protects our students, but it protects the public as well,” Davis said. “Our students will work with some of the most critically ill patients in southwest Florida hospitals. Accreditation holds our program to a high standard, assuring that the students have received the education they need to work with these patients.”

According to the CoARC website, students in FSW’s Respiratory Care Program have certification exam pass rates and employment rates well above the national average.*

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, We are having first day of school jitters at my house – my oldest child will be going to an all-day kindergarten. What are some things we can do to keep

things calm?

Katie M., Fort Myers Beach

Katie,

School jitters happen to all of us at sometime or another. It’s very normal. There are some things though that you can do to ease that nervousness, especially for a young kindergarten child.

Before school starts:

- If your child’s school does not have an orientation program, make an appointment to visit the school. Walk around the building and walk the route to your child’s classroom.
- During your visit, take some pictures of your child at various places at the school and make your own book about going to school.
- Drive your child’s bus route and point out places of interest along the way.
- A week or so before school starts, begin waking your child at the time he will need to wake up in order to go to school. This will help you know how much sleep your child will need so that he or she is rested for school. Adjust bedtime accordingly

On the first day of school:

- Make sure your child has a healthy breakfast. He or she will need to pay attention to the teacher, not a hungry tummy.
- Give your child a picture of your family to keep in his desk or backpack. She or he can look at it whenever he feels

lonely.

- Celebrate – families should proudly celebrate the first day of kindergarten as an important passage in a child’s life.

If your child doesn’t want to go to school:

- Be matter of fact – let your child know that going to school is expected of them.
- Don’t give in to pleading – as hard as it is, if you give in to your child’s pleas not to go to school, it will make it that much harder for him to go next time.
- Don’t repeatedly tell your children how much you’re going to miss them when they go to school. This will only make it more difficult to separate from you.
- Most children are afraid of the unknown – preparing your child beforehand will relieve many of their fears.

Parent Jitters:

- Try to keep your own anxiety in check. Children can often sense when their parents are upset and can become nervous themselves.

- Talk it out – if you are nervous about your child leaving the nest, talk with someone you trust (i.e. friend, your parents, a clergy member, or a school employee).

Nervousness is normal and the anxiety should subside in about a couple of weeks once your child feels comfortable in his new routine. I know that both of you will enjoy the kindergarten experience - it’s great!

These points were adapted from the Virginia Academy of School Psychologists’ public service department.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Summer Picnic Held For Golisano Children's Hospital



Janet Cohen with Harrison and Langston Bulloch of Naples

photos courtesy LMHS

Children that are current or former patients of Golisano Children's Hospital of Southwest Florida and their families were treated to a summer picnic on July 7 at Lakes Regional Park in Fort Myers. The picnic was presented by Janet Cohen of Naples and Golisano Children's Hospital of Southwest Florida. The Child Life Team from Golisano Children's Hospital of Southwest Florida provided activities such as water balloons, silly string wars, bubbles, music, face painting and balloon sculptures. The event featured a catered lunch by Mission BBQ of Fort Myers, and

Doctor/Author To Address Affects On Gut Health

As part of the Healthy Lee initiative, Dr. Robynne Chutkan, M.D. will present a discussion on How Stress and the Environment Affect Gut Health at the First Christian Church on Tuesday, August 23 at 5:30 p.m.

The presentation by the nationally and internationally recognized leader in gastroenterology is part of Lee Memorial Health System's National Speakers' Series. The free talk is open to the public.

Board certified in gastroenterology, Dr. Chutkan serves on numerous committees and boards and is actively involved in patient and physician education. She is a past governing

board member of the American Society for Gastrointestinal Endoscopy (ASGE) and former chair of their training committee and public relations committee. She is the author of the bestselling book *Gutbliss* and the newly released *The Microbiome Solution*.

A member of the faculty at Georgetown Hospital since 1987, Dr. Chutkan founded the Digestive Center for Women in 2004, an integrative gastroenterology practice that includes nutritional therapy, stress-reducing techniques as well as gastrointestinal procedures. Her clinical areas of interest include alterations in gut bacteria, inflammatory bowel diseases, irritable bowel syndrome and food as medicine.

First Christian Church is located at 2016 McGregor Boulevard in Fort Myers. Seating is limited and reservations are required. Send RSVP to ChutkanRSVP@LeeMemorial.org.

Southern SnoBalls served specialty snow cones to guests. When the picnic was over, the children were given goodie bags to take home as a memento of their fun-filled day.

The idea for the summer picnic was inspired by Cohen, who recently donated \$3 million to support Golisano Children's Hospital of Southwest Florida, with a goal of providing a day for the kids to "just be kids, have fun and not have to worry about being sick for the day."

"The summer picnic provided a great way for our current and former patients to enjoy a day of fun and laughter with their families, and it was heartwarming to see the happy smiles on the faces of the children and loved ones that have gone through so much," said Kathy Bridge-Liles, chief administrative officer for Golisano Children's Hospital of Southwest Florida.



Janet Cohen poses with Cali Trepkowski of Cape Coral

Scheduled for completion in early 2017, the new Golisano Children's Hospital of Southwest Florida will include 128 beds for the care of local children along with the latest medical equipment and a specialty trained team of medical care providers. The 292,000-square-foot facility, currently under construction on the HealthPark campus, will be completely dedicated to pediatric specialty care. Through the generous support of local residents and businesses, \$98.8 million has been raised to help build the new Golisano Children's Hospital of Southwest Florida.

For more info, visit ChildrensHospitalGoal.org.

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dearRPharmacist

36 Foods That Contain Aspirin



by Suzy Cohen, RPh

Dear Readers: Ingredients similar to aspirin were extracted from meadowsweet and willow bark centuries ago, but in 1899, salicin was altered into a patentable drug called aspirin.

Aspirin was approved for the treatment of gout and rheumatic fever, but today we know it as an anti-clotting agent and pain reliever. Around 100 billion aspirin tablets are produced every year.

Aspirin is a “salicylate” compound and millions of people are unknowingly allergic to salicylates, mainly because the foods that it occurs in naturally are not very similar. For example, broccoli, olives, cola, breath mints, pistachios, mushrooms and coffee have nothing obvious in common, so you’d never trace a salicylate allergy to these foods. Yet they all contain salicylates, similar to aspirin. So if you’re reactive to any of those foods, it’s a clue you might have a salicylate allergy.

Salicylate are found in dozens of foods that aren’t similar. Symptoms that may occur include headaches, asthma, wheezing, nausea, diarrhea,

stomach upset, itching, rash, swelling of your hands, feet, or your face or sinus symptoms. Your throat may get itchy, painful or swollen, or your lips may swell. If you experience these or other symptoms, it could very well be the “aspirin” in your food, termed a salicylate allergy.

People who know they are allergic to aspirin know to avoid other over-the-counter medications which may contain aspirin such as cold or flu remedies, antacids, menstrual cycle pain relievers, certain fizzy antacids, teething gel or toothache remedies.

Some of you who are allergic to aspirin can actually eat some salicylate-rich foods without a problem. And then there’s a subset of people (maybe you) who eat foods and suffer, and don’t know why. And finally, there are some of you who need the benefits of aspirin and want to eat salicylates through natural sources. So the following list of foods high in salicylate will serve a different purpose for all of you, depending on what category you fall into.

Natural aspirin is found in the following (note: fruits and vegetables are higher in salicylates when not fully ripe):

- Apples
- Apricots
- Avocados
- Blackberries
- Blueberries
- Broccoli
- Cantaloupe
- Cauliflower
- Cherries
- Chili peppers
- Cucumbers

- Currants
- Dates
- Dried herbs/spices
- Eggplant
- Figs
- Grapefruit
- Grapes
- Green peppers
- Guava
- Kiwi
- Licorice herb (candy is okay)
- Meadowsweet
- Mint (gum, breath mints, toothpaste)
- Nuts, all of them, pistachios, pine nuts, almonds, etc.
- Paprika
- Peaches
- Plums
- Prunes
- Radishes
- Raspberries
- Spinach
- Strawberries
- Turmeric
- Wine
- Zucchini

You might be wondering why a handful of you can eat salicylate-rich foods when you are allergic to aspirin. It’s because aspirin contains an “acetyl” molecule on the compound because that acetyl group was attached to it in order to turn the natural herb into a drug. Naturally occurring salicylates do not have this acetyl group and that’s what usually triggers the reaction.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Chronic Disease Program Offered

Lee Memorial Health System’s Lee Health Solutions, in partnership with many local community agencies and supported in part by a grant from the Southwest Florida Community Foundation, is offering It’s All About You – a research-based Chronic Disease Self-Management program developed by Dr. Kate Lorig of Stanford University.

The program is designed for people age 18 or older with chronic health conditions to help them learn ways to better manage their chronic conditions and the symptoms that often accompany chronic health conditions.

The free workshop is 2 1/2 hours once a week for 6 weeks. The workshop will be offered on Wednesdays, beginning August 31 from 1 to 3:30 p.m. and will be held at the Area Agency on Aging, 15201 N. Cleveland Ave., Suite 1100, North Fort Myers.

For more information or to register, call 424-3122.✱

Doctor and Dietician

Pinched Nerves: Ouch!



by Ross Hauser, MD
and Marion Hauser, MS, RD

Anyone who has had a true pinched nerve knows that it is like a lightning bolt of pain shooting down your arm or leg. It is excruciating and makes activities of daily living unbearable. But often, people who have been told they have a pinched nerve or a condition like sciatica are missing the true underlying diagnosis of spinal instability. Go a step further and find out why the nerve is getting irritated in the first place.

Our bones, including our vertebrae, are held together by ligaments. These act like a screw to a hinge on a door. When the screw is secure, the hinge is allowed to move the door along a smooth track. When that hinge is loose,

the door wobbles and hits the adjacent door or frame. In our bodies, the effect of a joint becoming unstable due to ligament laxity can include hitting a nerve, wearing down cartilage, causing bone spurs and much more.

Most people we see in our practice who were previously diagnosed with a pinched nerve complain that the pain comes and goes. It is worse when they are in certain positions, such as sitting, but then remits in others. Intermittent pain suggests that there is vertebral instability. This can be confirmed through physical exam of specific tender ligament attachment points as well as Digital Motion X-ray (DMX), which shows a movie of how the bones move. For instance, in cases of a pinched nerve in the neck, DMX will often pick up certain vertebrae that are moving too much, or not enough.

Once confirmed, there are regenerative treatments, like prolotherapy, which can restart the healing cascade along the spinal ligaments. As the ligaments heal, they allow the vertebrae to move normally and the associated nerve pain can be alleviated.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✱

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I am fed up being treated as if I am an inconvenience at my medical center. I would leave in a flash, but no one else around here takes Medicare. I am not a nuisance having been there only once in a year.

I called and, after going through all of their hoops on their telephone system, I finally reached a “live one.” She asked my name and birth date and then asked “Why do you want to see the doctor, what’s wrong with you?” The earliest appointment was in six weeks, and then she said, “If you’re not satisfied, call 911 or go to the hospital emergency.”

It is bad enough being old, but being

abused along with it is getting hard to take. Is it like this where you live?

Doris

Medical care is an industry, a very complex industry. To stay in business, medical practices need more revenue coming in than expenses going out. Unfortunately, the strategies for reducing expenses include reducing the number of support staff; using technology, i.e. phone routing systems to increase productivity, minimum education requirements for staff and increasing the number of patients seen per day. What all of this seems to mean to patients is that we have become “work units,” “tasks” and – to some office staff – “interruptions” in their productivity.

To the credit of some offices I have found, the physicians and support staff have found a way to practice medicine and run a business in a way that does not forget the patient. I hope you can find a similar office.

Pryce

Dear Doris,

Exactly the same – this seems to be the way modern medical offices are going. No longer will physicians know our name or even care because it is only a business. However, some people do have physicians who do care, will call on the phone and run their offices the old fashioned way.

My husband goes out of state and has a team of physicians who are wonderful and it is no wonder Johns Hopkins has been rated number one for patient care for about the last 20 years.

Lizzie

Lizzie and Pryce’s email address is momandmeaging@hotmail.com.✱

PETS OF THE WEEK

Hello, my name is Zoie. I am 7-year-old spayed female American Staffordshire Terrier. I am obedient, loving, loyal, kind and gentle. I will walk by your side and greet any stranger with politeness and good manners. I will always want to be next to you with my head on your lap as you read or watch television. I live to please you and would make a great goodwill ambassador for my breed.

Adoption Fee: \$15 (regularly \$25) during Animal Services' Olympic Pet Adoption Deals

Hi, I'm Elsa. I am a "people cat" with a beautiful snowy white coat and gorgeous green eyes. I am 1-year-old spayed female domestic short hair and love people so much I would prefer to be your one and only cat. I will purr and purr to let you know how much I love your attention. I would be the perfect companion to give you as much love as you give me.

Adoption Fee: \$15 (regularly \$50) during Animal Services' Olympic Pet Adoption Deals

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Zoie ID# 559131



Elsa ID# 664855

Adoption Special In Celebration Of Black Cats

Lee County Domestic Animal Services will celebrate National Black Cat Appreciation Day with a Black Out special the week of August 15 to 20, featuring solid black cats and black cats with some white. Even deeper discounts will apply August 19 on Black Cat Friday.

The black cat deals are:

- Kittens, \$20 (\$10 on Black Cat Friday)
- Adult Cats, \$10 (\$5 on Black Cat Friday)

Animal Services always offers two-for-one cat adoptions so adopters have the option of getting two cats for one price. "This is a special opportunity to discover how personable and entertaining these often overlooked cats can

be," said Ria Brown, LCDAS public information officer.

Potential adopters will have a lot to choose from and are encouraged to check the agency's website at <http://www.lee-lost-pets.com> for a peek at the cats and kittens currently available or to submit an adoption application online. The site updates hourly.

All cats adopted are sterilized and receive age appropriate vaccinations, flea treatment, de-worming, microchip ID, feline AIDS and leukemia test, and county license for cats three months and older. The adoption package is valued at over \$500 making it an even better opportunity to add a new feline companion to your family.

The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office. Regular adoption hours are Monday through Saturday from 10:30 am to 3:30 pm.*

THE RIVER WEEKLY NEWS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees)	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118

Kiwanis Clubs:

Fort Myers Beach	765-4254 or 454-8090
Fort Myers Edison	694-1056
Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869

Lions Clubs:

Fort Myers Beach	463-9738
Fort Myers High Noon	466-4228
Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingdon Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to:
press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword

DIRECTION FINDING

- ACROSS
- 1 Use for target practice, say

8 They're littler than mediums

14 Mongol invaders

20 See 125-Across

21 Dine at a restaurant

22 Lucky charm

23 BB rifles

24 One going from station to station

26 Bohemian dance

28 Icicle sites

29 DVR giant

30 Oscar-nominated actress in "Victor/Victoria"

36 Censored-word sound

37 "I haven't —" ("Beats me")

38 Very old boys' school

39 Eye

40 Mother of Zeus

41 Rue Morgue creator

43 Grow up and move away from home

51 Getting the airborne matter from, perhaps

54 Sly

55 Art Deco lithographer

56 Kind of engine fuel

57 Opening opera part

58 — -Cherry (Ocean Spray flavor)

59 Hulk of pro wrestling

62 Flee with a flame

64 Residents of Japan's third-largest city

66 "Am — blame?"

67 Eight three-letter ones are found in appropriate places in this puzzle

72 Staff sgt., e.g.

73 Small mosaic tile

75 Revved thing

76 Western flick

78 French "she"

79 Befuddles

82 City partition planners

85 — -buster (certain drug)

86 Track vehicle

87 One of 100 on the Hill

91 Hit song subtitled "To Be Loved by You"

94 — daily basis

95 High, elegant hairstyle

96 Voguish thing

97 Polaris, e.g.

99 Weirdo

100 Arizona tribe members

103 American slices, e.g.

109 Budget Rent —

110 "A Bell for —" (Hersey novel)

111 Japanese truck maker

112 1980s game show

116 Sir Walter Scott's title

121 River dividing Nebraska

122 Munchkin

123 Document repository

124 Placed in a farm tower

125 With 20-Across, epinephrine or cortisol

126 "Moby-Dick" narrator

33 Capital of Angola

34 Jackal's kin

35 Hex- ender

36 Flying stinger

39 Least bold

41 Pizzeria unit

42 Slip- — (pullovers)

44 Say yes to

45 Winery tank

46 Vanity

47 It fits into a mortise

48 Wandering

49 Plate position

50 Tightening muscle

52 Flinch

53 Paella pot

57 Lhasa — (little dogs)

59 Like e-devices

60 Verdi work

61 Inch along

63 Actor Haley Joel —

65 Hit — spot

68 Pontificated

69 Mother, in Mexicali

70 Be seepy

71 Smelted materials

74 Ignites

77 Promise

80 "True —" ("Indeedy")

81 Cato's 52

83 Flatbread of India

84 LAX abbr.

87 Former jets to the U.K.

88 Sword variety

89 Juice drinks

90 Booze up

92 Is no more

93 Expert finish?

98 Whispers in stage acting

99 Place to pray

100 Lock parts

101 Eyelike windows

102 Of pontiffs

103 iPod Touch, e.g.

104 Grates on

105 Initial stage

106 Flinch

107 Persian Gulf sheikdom

108 Old autocrats

110 Did like

113 Road no.

114 Be indebted

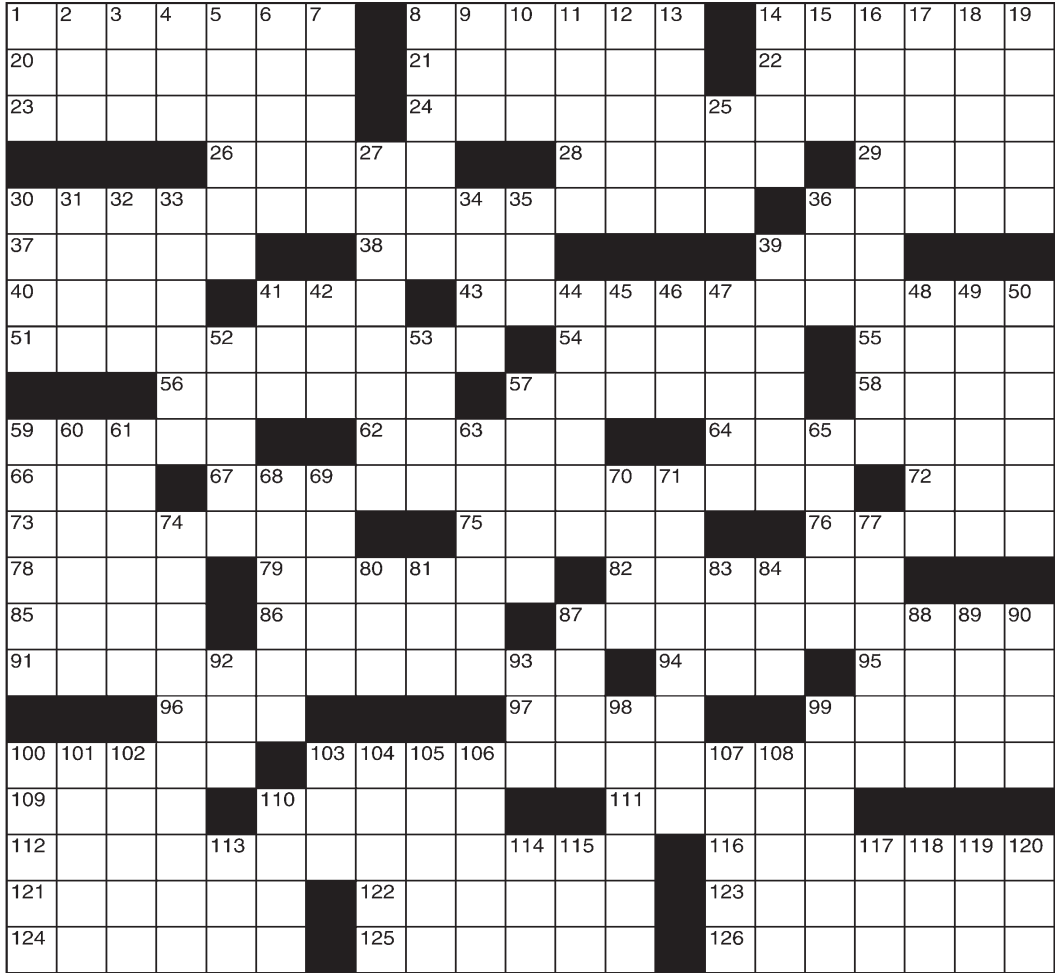
115 Domicile: Abbr.

117 Unit of resistance

118 Actress Vardalos

119 12/24, e.g.

120 — Aviv



King Crossword

- ACROSS
- 1 Atomizer output

5 Annoy

8 Picnic invaders

12 Pub

14 Old Italian coin

15 Poisonous evergreen

16 Alternative to Windows

17 Greek consonants

18 Electrical resistance

20 Some silverware

23 Soon, in verse

24 Individuals

25 "Hamlet" Oscar winner

28 Schedule abbr.

29 "Once upon — ..."

30 Periodical, for short

32 Semisweet sherry

34 Location

35 Study of the past (Abbr.)

36 Wild

37 Crazy one

40 Silent

41 Sandwich cookie

42 Quadrennial games

47 Elvis' "— Las Vegas"

48 Fatherly

49 Paradise

50 Ordinal suffix

51 Catch sight of

8 Graduates

9 1492 vessel

10 Advanced math

11 Old German duchy name

13 Responsibility

19 Hoisted, at sea

20 Enemy

21 Aware of

22 Authentic

23 Preferred invitees

25 Ear doctor's device

26 Eastern potentate

27 — -tat-tat

29 Operatic solo

31 Toothpaste style

33 Buckeye

34 Always, in music

36 Show anger

37 Relocate

38 Desert-like

39 Actress Campbell

40 Legend

43 Long. crosser

44 — and outs

45 Baseball hat

46 Crafty

DOWN

1 Chinese chairman

2 Ailing

3 Witness

4 "Much obliged"

5 Unopened roses

6 Exploit

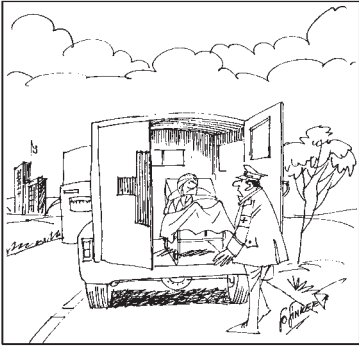
7 Apache leader

MAGIC MAZE ● PUT IN ITS PLACE

C N K I F C A X V S Q O L J H
E C A X V T D R D P N L J H F
D B Y D D T I E D U P X V T R
P O D D E E H M K E K I D G E
D B D E E T V Z X N R W E U T
T R Q E R H N L O N A O W L F
J A I E K E S A E G F B O D I
C A B Y X R G A L H W V T M L
T S R L P E A N T P S O S N E
L K J I E D G P A S T O R E D
D E K C O D E R O H C N A F E

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Anchored
Banked
Berthed
Filed
- Hangered
Moored
Parked
Planted
- Shelved
Stashed
Stored
Stowed
- Tabled
Tethered
Tied up



"Know anything about
_____?"

answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Struggle
QURISM

Dimple
VOTID

Dismay
LAMAR

Later
FRATE

TODAY'S WORD

7					9	8		
	3	9	1				5	
		8		4				2
		2			5	9		
5			6					4
	8			2		1	7	
		1			8		2	
3			7	9				8
	7		4			6		

SUDOKU

To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

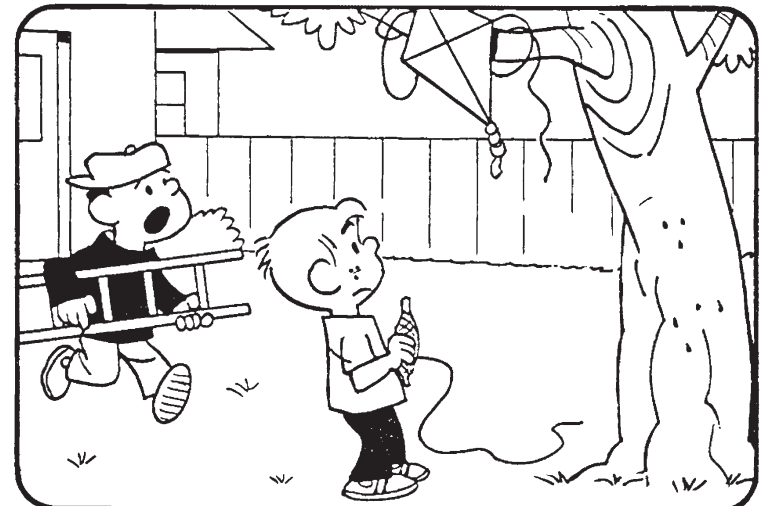
answer on page 29

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Light fixture is missing. 2. Ladder is shorter. 3. Body is slimmer. 4. Kite tail is shorter. 5. Bush is missing. 6. Bird house is missing.

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Rock Shrimp Sauce with Jalapeño Hoe Cakes

2 tablespoons olive oil
 1 tablespoon finely chopped garlic
 ¾ cup dry white wine
 1 10-ounce can cream of shrimp soup
 1 pound peeled rock shrimp
 1 tablespoon seafood seasoning
 ¼ teaspoon salt
 ¼ teaspoon black pepper
 ¼ cup half and half
 ½ tablespoon fresh lemon juice, or to taste
 Jalapeño Hoe Cakes (recipe below)
 1 tablespoon chopped fresh chives

Heat the olive oil in a heavy skillet over medium-high heat until hot. Add garlic and sauté 1 to 2 minutes until golden. Add wine to pan and stir in soup; simmer 3 minutes stirring until smooth. Sprinkle shrimp with seafood seasoning and remaining ¼ teaspoon each of salt and pepper. Add shrimp to sauce mixture and cook 2 to 3 minutes until opaque and cooked through. Slowly stir in half and half and lemon juice. To serve, spoon over Jalapeño Hoe Cakes and sprinkle with chives.

Yield four servings

Jalapeno Hoe Cakes

2 cups self-rising cornmeal
 2 tablespoons sugar
 1 teaspoon salt
 2 cups milk
 2 large eggs



Rock Shrimp Sauce with Jalapeño Hoe Cakes

photo courtesy Fresh From Florida

⅓ cup jalapeño peppers, seeded and chopped
 butter or corn oil for frying

In a large bowl, mix together cornmeal, sugar and salt. In a separate bowl, beat the eggs and milk until well blend-

ed. Add the wet mixture into the dry ingredients and stir until just mixed and moistened. Let the batter set for 10 or 15 minutes. Add oil to just cover bottom of skillet then heat over medium-high heat. Pour ¼ cup of batter for each hoe

cake into skillet. Cook 3 or 4 minutes until tops are full of air holes; flip cake and cook until golden brown. Drain on absorbent paper and serve warm.
 Yield six servings.*

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"Wir Sprechen Deutsch"

PUZZLE ANSWERS

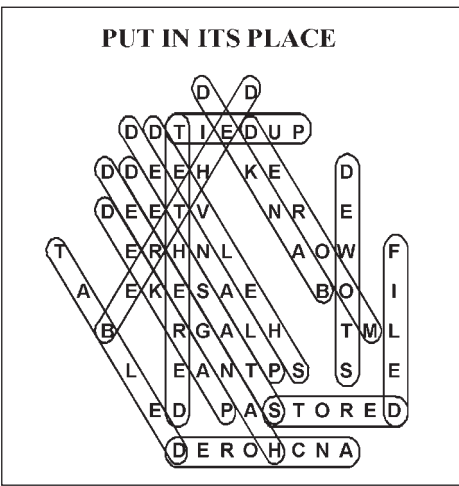
SUPER CROSSWORD

S	H	O	O	T	A	T		S	M	A	L	L	S		T	A	T	A	R	S
H	O	R	M	O	N	E		E	A	T	O	U	T		A	M	U	L	E	T
A	I	R	G	U	N	S		C	H	A	N	N	E	L	S	U	R	F	E	R
			P	O	L	K	A			E	A	V	E	S		T	I	V	O	
L	E	S	L	E	Y	A	N	N	W	A	R	R	E	N		B	L	E	E	P
A	C	L	U	E		E	T	O	N						S	E	E			
R	H	E	A		P	O	E		L	E	A	V	E	T	H	E	N	E	S	T
D	O	W	N	W	I	N	D	O	F		C	A	G	E	Y		E	R	T	E
			D	I	E	S	E	L		A	C	T	O	N	E		C	R	A	N
H	O	G	A	N		E	L	O	P	E					O	S	A	K	A	N
I	T	O		C	O	M	P	A	S	S	P	O	I	N	T	S		N	C	O
T	E	S	S	E	R	A			M	O	T	O	R			O	A	T	E	R
E	L	L	E		A	D	D	L	E	S		Z	O	N	E	R	S			
C	L	O	T		T	R	A	I	N		S	E	N	A	T	E	S	E	A	T
H	O	W	S	W	E	E	T	I	T	I	S		O	N	A		U	P	D	O
			F	A	D						S	T	A	R		C	R	E	E	P
H	O	P	I	S		P	R	O	C	E	S	S	E	D	C	H	E	E	S	E
A	C	A	R		A	D	A	N	O		I	S	U	Z	U					
S	U	P	E	R	P	A	S	S	W	O	R	D			B	A	R	O	N	E
P	L	A	T	T	E		P	E	E	W	E				A	R	C	H	I	V
S	I	L	O	E	D		S	T	R	E	S	S			I	S	H	M	A	E

KING CROSSWORD

M	I	S	T		B	U	G		A	N	T	S	
A	L	E	H	O	U	S	E		L	I	R	A	
O	L	E	A	N	D	E	R		U	N	I	X	
			N	U	S		O	H	M	A	G	E	
F	O	R	K	S		A	N	O	N				
O	N	E	S		O	L	I	V	I	E	R		
E	T	A		A	T	I	M	E		M	A	G	
	O	L	O	R	O	S	O		S	I	T	E	
			H	I	S	T		F	E	R	A	L	
M	A	N	I	A	C		M	U	M				
O	R	E	O			O	L	Y	M	P	I	C	S
V	I	V	A		P	A	T	E	R	N	A	L	
E	D	E	N		E	T	H		E	S	P	Y	

MAGIC MAZE



SUDOKU

7	6	4	2	5	9	8	3	1
2	3	9	1	8	7	4	5	6
1	5	8	3	4	6	7	9	2
4	1	2	8	7	5	9	6	3
5	9	7	6	1	3	2	8	4
6	8	3	9	2	4	1	7	5
9	4	1	5	6	8	3	2	7
3	2	6	7	9	1	5	4	8
8	7	5	4	3	2	6	1	9

My Stars ★★★★★

FOR WEEK OF AUGUST 15, 2016

ARIES (March 21 to April 19) You sometimes go to extremes to prove a point. But this time, you won't have to. Supporters are ready, falling over themselves to help you make your case.

TAURUS (April 20 to May 20) Venus might be your ruling planet, but Mars is in the picture as well. So don't be surprised if your romantic relationships are a bit rocky at this time. But they'll soon smooth over.

GEMINI (May 21 to June 20) Geminis might rush into romance and risk being wrong about someone rather than be left with no one. But this is one time when it's wiser to be wary of where your heart takes you.

CANCER (June 21 to July 22) With all (or most) of those pesky problems behind you, take time for your family and friends. Travel aspects are favored, with long-distance journeys high on the list.

LEO (July 23 to August 22) You might have started to question the wisdom of being open with someone you hoped you could trust. But be assured you won't be disappointed. You'll soon hear good news.

VIRGO (August 23 to September 22) You have a reputation for honesty and integrity, and that will help turn around a situation that was not only disappointing but also quite unfair. Good luck.

LIBRA (September 23 to October 22) A happy event creates a closer tie with a family member who seemed hopelessly estranged. Positive aspects also dominate in important career matters.

SCORPIO (October 23 to November 21) Your ruling planet, Pluto, helps you adjust to change. So, stop putting off that long-delayed move, and make it with the assurance that you're doing the right thing.

SAGITTARIUS (November 22 to December 21) You have a wonderful capacity to learn quickly and well. This will help you when you are faced with an opportunity to move on to a new path in life.

CAPRICORN (December 22 to January 19) Good news: You suddenly find that you're not facing that new challenge alone. You now have someone at your side, ready to offer whatever support you might need.

AQUARIUS (January 20 to February

18) Your versatility -- which is just one of those aspects of yourself that make you so special -- helps you adapt to the challenges of a new and exciting opportunity.

PISCES (February 19 to March 20)

Your sensitive nature picks up on the needs of others. But what about your desires? You need to take more time to assess what your goals are and, if necessary, redirect them.

BORN THIS WEEK: You give your trust openly and easily. People find you easy to be with and enjoy your wit, your good sense, and your capacity to love and be loved.

THIS WEEK IN HISTORY

- On Aug. 16, 1896, while salmon fishing in Canada's Yukon Territory, George Carmack reportedly spots nuggets of gold in a creek bed. His lucky discovery sparked "Klondike Fever," the last great gold rush in the American West.

- On Aug. 17, 1915, Charles F. Kettering, co-founder of Dayton Engineering Laboratories Company (DELCO), is issued a U.S. patent for his "engine-starting device" -- the first electric ignition mechanism for automobiles. Prior to his invention, drivers had to use iron hand cranks to start their engines.

- On Aug. 20, 1920, seven men, including legendary football star Jim Thorpe, meet in Canton, Ohio, to organize a professional football league, the forerunner to the National Football League.

- On Aug. 19, 1953, the Iranian military, with the support and financial assistance of the United States, overthrows the government of Premier Mosaddeq and reinstates the Shah of Iran. Iran remained a Cold War ally of the U.S. until a revolution ended the Shah's rule in 1979.

- On Aug. 15, 1961, two days after sealing off free passage between East and West Berlin, East German authorities begin building the Berlin Wall to permanently close off access to the West. For the next 28 years, the heavily fortified Berlin Wall stood as the most tangible symbol of the Cold War.

- On Aug. 21, 1971, antiwar protestors associated with the Catholic Left raid draft offices in Buffalo, New York, and Camden, New Jersey, to confiscate and destroy draft records. The FBI and local police arrested 25 protestors.

- On Aug. 18, 1991, Soviet President

Mikhail Gorbachev is placed under house arrest during a coup by high-ranking members of his own government, military and KGB secret police. The coup collapsed three days later, but Gorbachev's days in power were numbered. He resigned in December 1991.

STRANGE BUT TRUE

- It was beloved English author and humorist P.G. Wodehouse, probably best known for his tales of Wooster and Jeeves, who made the following observation: "Judges, as a class, display, in the matter of arranging [divorce settlements] that reckless generosity which is found only in men who are giving away someone else's money."

- Brides in ancient Rome carried sheaves of wheat, not bouquets of flowers.

- Andrew Jackson, the seventh president of the United States, had a pet parrot with a questionable vocabulary. In fact, Poll (the pet in question) was so foul-mouthed (-beaked?) that it disrupted Jackson's funeral. According to Rev. William Menefee Norment, who presided at the service, "Before the sermon and while the crowd was gathering, a wicked parrot that was a household pet got excited and commenced swearing so loud and long as to disturb the people and had to be carried from the house."

- The reasons why aren't clearly understood, but it seems that people with high blood pressure rarely get cancer.

- Glass-bottom beer tankards were invented during medieval times. Evidently, some taverns were so rough that patrons felt the need to be able to see the other drinkers even when turning the mug bottoms-up.

- Those who study such things say that when you're sleeping, a quarter of all your blood is in your liver.

- It's pretty common knowledge that it's the male seahorse, not the female, that gives birth to the young. Not many people realize, though, that a male seahorse can deliver a brood of a thousand or more babies in the morning, and then be pregnant again that night.

THOUGHT FOR THE DAY

"I get up every morning determined to both change the world and have one hell of a good time. Sometimes this makes planning my day difficult." -- E.B. White

SCRAMBLERS

solution

1. Squirm; 2. Divot;
3. Alarm; 4. After

Today's Word
RADIATORS

TRIVIA TEST

- Television: What were the names of the children on the "Roseanne" TV comedy?
- Holidays: What holiday is set aside to stress the importance of planting trees?
- Anatomy: What is the hardest known substance in the human body?
- Geology: What is amber?
- General Knowledge: What organization allows people to join when they turn 50 years old?
- Cars: What is the symbol for Audi vehicles?
- Geography: What kind of landform is Martha's Vineyard?
- Music: What group recorded the 1966 hit "Good Vibrations"?
- Science: What is the term for the temperature at which cooled water vapor turns into liquid?
- Movie: What was Disney's first animated feature that was based on an original story?

TRIVIA ANSWERS

1. Darlene, Becky and D.J. 2. Arbor Day 3. Tooth enamel 4. Fossilized tree resin 5. AARP 6. Four interlocking rings 7. An island 8. The Beach Boys 9. Dew point 10. "The Lion King"

★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

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*NS 5/20 CC TFN

HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction
Sanibel & Captiva • 239-565-0471
Sanibel Lic. #11412 Lee Co. Lic. #051047
*NS 1/4 PC TFN

SANIBEL HOME WATCH

Retired Police Captain
Lives on Sanibel
Will Check Your Home Weekly
Very Reasonable Rates
(239) 728-1971
*RS 1/4 BM TFN

HOLISTIC HOME CLEANING

Optimize Your Health
Cleanse Your Home
Utilizing a non-toxic residue free
cleaning system
Sonya @ 239-246-7007
*NS 7/22 CC TFN

BOATS - CANOES - KAYAKS

DOCKAGE

Hourly, Daily, Weekly
and Monthly.
Captiva Island 472-5800
*NS 1/4 NC TFN

LOST AND FOUND

ENGAGEMENT RING LOST

Engagement ring lost at the Lighthouse
Beach by the big driftwood tree on 4/28/16
in the water. If anyone finds, please contact
the Sanibel Police or call 864-704-5135.
*NS 5/13 NC TFN

HELP WANTED

DISPATCHER POSITIONS

Transportation Company Dispatchers
Positions available for transportation
dispatchers, full or part-time shifts.
Dispatchers will take phone reservations,
coordinate customer pick-ups and drop
offs, assign drivers, confirm reservations,
and prepare driver assignment schedules
for the next day. Applicants must possess
good multi-tasking skills, have own
transportation, be reliable and have
excellent customer service skills. Good
source of additional revenue for the right
persons. Bonus pay on holidays.
Principle candidates only.
Call 239-472-4160 for appointment
*NS 8/12 CC 8/26

REAL ESTATE ADMINISTRATOR

Royal Shell Real Estate is seeking a
dependable, well-qualified individual
for an extremely busy office.
Part-time weekend position & possibly
other days as needed. Email resume to:
danielle@royalshellsales.com
*NS 8/5 CC TFN

JERRY'S FOODS WAITRESSES OR WAITERS

Part Time Evening And Weekend Front
End Associates Needed. Looking for
energetic, personable, and fun
individuals, with open availability
Monday through Sunday.
If interested call and ask for
John, Tami, or Norm 472-9300.
*NS 5/6 BM TFN

BECOME A SENIOR COMPANION VOLUNTEER

Volunteers provide companionship and
friendship to frail elderly individuals who
are homebound and generally living
alone. Seniors Receive: Tax-free Stipend
of \$2.65/hr., Mileage reimbursement of
\$.40/mile, Paid Holiday, Vacation, & Sick
leave. Volunteers, age 55 and older, able
to volunteer at least 15 hours per week are
urged to call today.
Dr Piper Center for Social Services, Inc.,
Tel: (239) 332-5346 or (800) 332-5346
*NS 7/1 NC TFN

To advertise in *The River Weekly News* call 395-1213

Turtle Nesting Season Guidelines

With the official start of sea turtle nesting season now upon us, the City of Sanibel, in partnership with the Sanibel-Captiva Conservation Foundation (SCCF), is asking all residents and visitors to do their part in protecting these threatened and endangered species.

On Sanibel, nesting and hatchling emergence typically occur between May 1 and October 31. The nesting ritual of the loggerhead sea turtle is one of the most remarkable natural phenomena occurring on Sanibel's gulf beaches. This natural process has happened on Sanibel for centuries and our 11 miles of gulf shoreline have more nesting activity than any other beach in Lee County. Sought by predators and susceptible to dehydration, sea turtle hatchlings have only a one in one thousand chance of survival. Human activities can further reduce that chance.

By following these simple guidelines, you can do your part to ensure the survival of these magnificent creatures:

- Turn off or shield lights near the beaches. Artificial beach lighting can inhibit female sea turtles from nesting and disorient hatchlings. Most beachfront lighting issues can be addressed by turning off all unnecessary lights, repositioning or modifying light fixtures or closing blinds and drapes.
- Remove furniture and other items from the beach and dune area when not in use, between the hours of 9 p.m. and 7 a.m. Items left on the beach, including beach furniture, toys and trash, may be barriers to nesting or result in entanglement and predation of hatchlings.
- Level all sandcastles and fill any holes dug during play. These are fine during the day but may pose additional hazards at night. Please leave the beach as you found it, so that sea turtles and hatchlings are not hindered on their way to nest or to the water.
- Pick up all trash. Sea turtles mistakenly eat debris, especially plastic, which results in death.
- Honor the leash law. All dogs on the beach must be on a leash and not allowed to disturb nesting turtles or hatchlings.

Gulf-front property owners should make sure that their properties are in compliance with the city's sea turtle protection ordinances and ensure that artificial lighting from the property is not illuminating the beach (Sanibel Code Section 74-181-74-183, Section 126-996-126-1002).



Volunteers check a sea turtle nest after hatching
photo provided by SCCF

An easy way to test if your property is in compliance is to stand on the beach on a moonless night and look seaward. If you can see your shadow cast towards the water, there is too much light behind you. This light could potentially deter female turtles from nesting or disorient hatchlings as they emerge from the nest.

We look forward to another successful sea turtle nesting season and hope to uphold Sanibel's reputation as having one of the darkest and most "turtle friendly" beaches in the state. We ask for your continued compliance with city's sea turtle protection ordinances and remind all residents and visitors that violations of these ordinances may be subject to city, state, and/or federal fines and penalties. Violations should be reported immediately to the Sanibel Police Department at 472-3111, Sanibel Code Enforcement at 472-4136, or Natural Resources at 472-3700.

For more information regarding sea turtles on Sanibel, visit the city's website at <http://mysanibel.com/Departments/Natural-Resources/Protecting-Our-Beaches/Sea-Turtles>.✱

HORTOONS

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Metes and Bounds	Captiva	1983	2,872	\$3,998,000	\$3,400,000	314
Del Sega	Sanibel	1950	876	\$1,795,000	\$1,450,000	236
Riverbrooke	Estero	2008	4,449	\$1,425,000	\$1,275,000	291
Valencia Terrace	Fort Myers	1984	2,857	\$1,249,000	\$1,100,000	188
Butterknife	Sanibel	2002	2,507	\$1,249,000	\$1,150,000	104
Edgewater	Fort Myers	2000	3,325	\$1,195,000	\$1,100,000	89
Edgewater	Fort Myers	1998	3,051	\$875,000	\$860,000	38
Sanctuary	Bonita Springs	1998	2,708	\$858,800	\$825,000	22
Woodlake at Bonita Bay	Bonita Springs	1987	2,461	\$825,000	\$810,000	53
Seagull Estates	Sanibel	1988	1,964	\$729,000	\$715,000	33



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